

Dear Student,

Thank you for your recent visit to the UCI CARE Office. We look forward to connecting with you. Our office provides free and confidential support services to members of the UCI community impacted by sexual assault, relationship abuse, family violence and/or stalking. All information you share with us, whether it is information in our records about you or even the fact that you have come to see us, cannot be shared with others outside CARE.

As CARE Advocates, we are available to meet with you to discuss your concerns and decide upon a course of action that would best meet your needs. Some of our advocacy services include providing you information about your rights and options, discussing academic accommodations, safety planning, and accompaniment services. Additionally, our office offers holistic healing programs, such as Yoga as Healing, and a support group for survivors of unwanted sexual experiences.

Our office hours are Monday through Friday, 8 am to 5 pm. It is always best to call ahead and check to see if we are available. If you would like to make an initial appointment to meet with an Advocate, please feel free to call our front desk at 949-824-7273. Additionally, we encourage you to call or email us at careadvocate@uci.edu with any questions, concerns, or even just to chat. We look forward to working with you and offering you support.

For your reference, attached is a list of confidential and non-confidential resources available to you on and off campus.

Please note: If you have disability-related needs and wish to request reasonable accommodations, please let our office know and we will connect you to the Disability Services Center (DSC), or contact DSC at Voice: (949) 824-7494 or TTY: (949) 824-6272, or in person at 100 Disability Services Center, Building 313, Irvine, CA 92697-5250.

All our best,

UCI CARE Advocates

CONFIDENTIAL RESOURCES:

On Campus

Counseling Center offers free and confidential short-term counseling, urgent care and psychosomatic services by licensed mental health providers to UC Irvine students. Referrals to off-campus psychotherapeutic and psychiatric providers are also available. The Counseling Center is available Monday through Friday, 8am to 5pm. Address: 203 Student Services 1, Irvine, CA, 92697 Phone: (949) 824-6457.

The Office of the Ombudsman provides a confidential environment to discuss complaints, concerns or problems for UCI students, faculty & staff – both on the main campus and at the UCI Medical Center. The Ombudsman acts as an independent and impartial resource and source of information. The Office does not conduct formal investigations nor does it maintain or keep records. The Office of the Ombudsman is available Monday through Friday, 8am to 5pm. Address: 205 MSTB, Irvine, CA 92697 Phone: (949) 824-7256.

Off Campus

Waymakers Waymakers Sexual Assault Victim Services unit provides comprehensive services to rape victims, sexually abused children and their family members through certified sexual assault counselors 24 hours a day, seven days a week via a rape crisis hotline. Services include hotline crisis counseling, accompaniment and advocacy during forensic exams and when going to law enforcement agencies, and emergency assistance. Services can be accessed through Waymakers' hotline at 949-831-9110 or 714-957-2737

Human Options provides emergency shelter and long term assistance for survivors of domestic violence and their family members who are in a dangerous situation due to an abusive relationship. Human Options additionally provides transitional living programs, counseling, legal advocacy, case management, and job readiness training for survivors and their children. Human Options provides long-term support to help rebuild lives through the Children and Families Counseling Center. A domestic violence hotline at 1-877-854-3594 is available 24/7. For more information on services, go to <http://humanoptions.org/>

ADDITIONAL RESOURCES THAT ARE **NOT CONFIDENTIAL:**

Office of Academic Integrity and Student Conduct (OAISC) is responsible for UCI's campus-wide non-academic student conduct process and manages the formal hearing process for sex offense cases. OAISC also provides assistance, information, and referrals for students involved in sex offense cases. OAISC is available Monday through Friday, 9am to 5pm. Address: G308 Student Center, Irvine, CA 92697 Phone: (949) 824-5590.

Office of Equal Opportunity and Diversity (OEOD) is responsible for receiving and conducting the administrative investigation of all reports of sex offenses, sexual harassment, discrimination, and retaliation filed on campus and is available to discuss options, provide assistance, explain University policies and procedures, and provide education on relevant issues.

The OEOD investigation is not a criminal procedure. OEOD is available Monday through Friday, 8am to 5pm. Address: 103 MSTB, Irvine, CA 92697 Phone: (949) 824-5594.

Student Health Center can provide on campus medical attention to students who have medical issues related to sexual assault, dating or domestic violence, and/or stalking. It is important to note that any health center or physician treating the victim of sexual assault or dating or domestic violence is mandated by law to report the crime to the police. Please check The Student Health Center is available Monday through Friday, 8am to 5pm. Address: 501 Student Health Irvine, California 92697 Phone: (949) 824-5301.

UC Irvine Police provides a timely response for UCI community members experiencing a sex offense on campus. (For sex offenses off campus, local police should be contacted.) In addition, for those desire prosecution through the criminal justice system and seeking to file a criminal report, the police can arrange for medical evidentiary examinations. The UC Irvine Police Department encourages the University community, including students, to immediately contact them by dialing 911 or (949) 824-5223 to report a sex offense. The UC Irvine Police Department is available twenty-four hours a day, seven days a week Address: 410 E. Peltason Dr. Irvine, CA 92697 Phone: (949) 824-5223 or 911.

Additional Resources

Ctr for Black Cultures, Resources & Res	https://blackcultures.uci.edu/	949-824- 2000
Cross Cultural Center	https://ccc.uci.edu/	949-824-7215
Disability Services Center	https://www.dsc.uci.edu/	949-824-7494
DREAMers	http://dreamers.uci.edu/	949-824-6390
International Center	https://ic.uci.edu/	949-824-7249
LGBT Resource Center	https://lgbtrc.uci.edu/	949-824-3277
Student Success Initiatives	http://ssi.uci.edu/	949-824-1142
Veteran Services Center	https://veteran.uci.edu/	949-824-3500
W-Hub (Womxn's Hub)	http://whub.ccc.uci.edu/	949-824-8861
Ctr for Student Wellness and Health Promotion	https://studentwellness.uci.edu/	949-824-9355

CONFIDENTIAL HOTLINE, TEXT & ONLINE RESOURCES

Hotlines

National Domestic Violence Hotline has trained advocates available 24/7 to talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. Phone: 1-800-799-7233

National Sexual Assault Telephone Hotline is a safe, confidential service that connects callers to a trained staff member from a sexual assault service provider in your area. Callers have access to a range of free services including: someone to help you talk through what happened, local resources that can assist with your next steps, and basic information about medical concerns. Phone: 1-800-656-4673

National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. Phone: 1-800-273-8255

Text Lines and Online Support Chats

Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text. A live, trained Crisis Counselor receives the text and respond quickly. Text **HOME** to 741741 from anywhere in the US, anytime, about any type of crisis.

1 in 6 Online Support Line provides male identified survivors of sexual abuse or assault, and for the people who care about them, access to chat with a trained advocate, one on one. This free and anonymous service is available 24/7, 365 days a year and can be reached at:
<https://hotline.rainn.org/1in6/terms-of-service.jsp>

Lifeline Crisis Chat is a confidential, secure service available to anyone who is depressed, despairing, going through a hard time, or just needs to talk. Services can be reached at the following website: <http://chat.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx>

National Domestic Violence Hotline Live Chat Service provides anyone seeking support or questioning something going on in their relationship confidential, one-on-one chat sessions with hotline advocates. The live chat is available every day from 5am to 12 am Pacific time and can be accessed by clicking the “Chat Now” on the following website:

<http://www.thehotline.org/help/>

National Sexual Assault Online Hotline provides 24/7, confidential, one-on-one chat services with a trained RAINN support specialist to survivors. <http://online.rainn.org/>

CONFIDENTIALITY

All CARE services are free of charge and confidential.

WHEN SHOULD I CONTACT CARE?

- I may have been sexually assaulted.
- I want to identify ways to support a friend who has experienced relationship abuse or sexual violence.
- I'm not sure if my relationship is healthy.
- Someone is making me feel uncomfortable and won't leave me alone.
- I have experienced childhood sexual abuse or witnessed family violence.
- I want to get involved in efforts to prevent sexual violence.
- I would like to request a workshop or a training.
- I want to become a leader and support others.
- I want to learn how to intervene as an active bystander.
- I am interested in different options for healing or gaining additional coping strategies.

UCI CARE www.care.uci.edu
care@uci.edu

G320 Student Center
Ph: 949-824-7273 M-F, 8 a.m.-5 p.m.

24-HOUR SUPPORT

Waymakers
Counseling Center
949-831-9110
949-824-6457
(select option 2)
CSO Safety Escort Program
949-824-7233

MORE RESOURCES

All phone numbers area code 949.
All resources in pink are confidential.

Health and Wellness: Counseling Center counseling.uci.edu	824-6457
Disability Services Center disability.uci.edu	824-7494
Student Health Center shc.uci.edu	824-5301
Center for Student Wellness and Health Promotion studentwellness.uci.edu	824-9355
Reporting: Office of Equal Opportunity & Diversity (OEOD) oeod.uci.edu	824-5594
Office of the Ombudsman ombuds.uci.edu	824-5011
UCI Police Department police.uci.edu <i>In an emergency, call 911.</i>	824-5223
Other campus resources: Cross-Cultural Center ccc.uci.edu	824-7215
DREAMers dreamers.uci.edu	824-6390
International Center ic.uci.edu	824-7245
LGBT Resource Center lgbtrc.uci.edu	824-3277
Student Success Initiatives sss.uci.edu	824-6234

UCI CARE

Campus Assault Resources & Education

Advocacy

Education

Consultation

Support


Referrals

Training



@UCICARE

www.care.uci.edu

 Student Affairs

SUPPORT SERVICES

ADVOCACY

CARE advocacy services include emotional support, information about rights and options, support with academic and housing accommodations, financial resources, referrals, safety planning and accompaniment to interviews, forensic exams and campus hearings.

COUNSELING

A licensed counselor is available to students who are experiencing difficulties as a direct or indirect result of sexual assault, relationship abuse and/or stalking.

HEALING PROGRAMS

UCI CARE values all forms of healing. The mission of CARE's Holistic Healing program is to create transformative spaces and restorative experiences for members of the UCI community.

- re:Connect** – Yoga as Healing
- re:Create** – Art as Healing
- re:Group** – Group Counseling & Support
- re:Mix** – Music as Healing
- re:Engage** – Animals as Healing
- re:Cultivate** – Horticulture as Healing
- re:Assert** – Personal Safety/Self Defense
- re:View** – Lending Library
- re:Source** – Downloadable Support

ONLINE SUPPORT

Information about programs, resources, options and more are available 24/7 at www.care.uci.edu

STAFF & FACULTY SUPPORT

Staff and faculty impacted by sexual assault, relationship abuse, family violence and/or stalking may receive free and confidential support at CARE. Advocacy services may include answering questions, providing information about rights and options, medical and Title IX accompaniments and safety planning.

CAMPUSWIDE EDUCATION

GREEN DOT BYSTANDER INTERVENTION

Power-based personal violence (sexual assault, relationship violence and stalking) will end when enough people take singular actions to help end it. Change happens as people become able to identify risky situations and take actions to confront, interrupt or prevent acts of power-based personal violence.

A Green Dot is any choice, behavior or action that promotes safety for everyone and communicates intolerance for power-based personal violence in our UC Irvine community.

A Green Dot is anything you can do to make UCI safer.



To learn more or share your story of successful bystander intervention, visit: care.uci.edu/greendot

WORKSHOPS

Workshops can be requested by UCI student groups, faculty and staff, as well as the outside community, and can be designed for the specific group's needs.

TRAININGS

Focused on responding to and preventing power-based personal violence, trainings are available to all students, staff and faculty.

care.uci.edu/education/workshops

EDUCATIONAL PROGRAMS

Campus-wide events such as **Take Back the Night**, the **Clothesline Project**, **Stalking Awareness Month**, **Dating and Domestic Violence Awareness Month**, **Sexual Assault Awareness Month**, **Denim Day**.

GET INVOLVED

PEER EDUCATION PROGRAMS

CARE Peer Educators are students dedicated to supporting the mission of the CARE Office.

Students develop leadership and communication skills, while empowering the community by providing information about violence prevention and bystander intervention.

- **Challenging All Men to Prevent Sexism (CHAMPS)**
- **International Dots**
- **Right to Know**
- **Violence Intervention & Prevention (VIP)**

For more information about peer education programs visit care.uci.edu

VOLUNTEER OPPORTUNITIES

Contact UCI CARE for information on volunteer opportunities, internships and peer programs.

INTERNSHIPS

Quarterly internship opportunities through the UCI Field Study program and year-long opportunities through the Administrative Internship program.

THE CARE MISSION

UCI CARE provides **free** and **confidential** support services to members of the UCI community impacted by sexual assault, relationship abuse, family violence and/or stalking.

UCI CARE seeks to end these forms of power-based personal violence by engaging the campus community in education, programming, and transformative action.

ADVOCATE SUPPORT FOR STUDENTS

CARE Advocates offer **free** and **confidential** support to members of the UCI community impacted by sexual assault, relationship abuse, family violence and/or stalking.

UCI CARE



Emotional

Individual advocacy meetings, lending library, safety planning, activating support networks and discussing coping skills.



Academic

Support with academic accommodations such as extensions, transfers and withdrawal from classes or university.



Reporting

Information on reporting options and processes including criminal and Title IX. Assistance with protective orders, including no contact/stay away orders, and restraining orders. Accompaniment during meetings and interviews.



Medical

Information about forensic exams, the Student Health Center and urgent care. Referrals for medical needs including STI testing and prophylaxis.



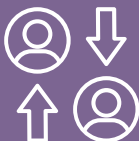
Housing

Support with relocation, physical safety, leasing or contract concerns.



Financial

Support with the Victim Compensation Board application program to help with costs (medical bills, lost wages, housing, therapy, etc.) and other financial resources.



Referrals

Group counseling, holistic healing programs including self-defense, community mental health providers, UCI support services, fitness vouchers, legal assistance and support groups.

ASESORA DE UCI CARE

Maneras que su Asesora de UCI CARE le puede ayudar. Asesoras de CARE ofrecen apoyo gratis y confidencial a la comunidad de UCI



Emocional

Citas individuales, grupos de apoyo, biblioteca de libros de ayuda, planificación de seguridad, examinación de redes de apoyo, habilidades de afrontamiento, curación holística: música, arte, etc.



Academica

Ayuda con extensiones, transferencias, retiros de clase o universidad, y hablando con profesores sobre acomodaciones potenciales



Medica

Información sobre exámenes forensicos, referencias para pruebas de enfermedades de transmisión sexual, salud de estudiantes, cuidado de emergencia, heridas, la profilaxis, opciones para apoyo financiero para cuentas medicas.



Reportando

Informes anonimados, Título IX, ordenes de mantenerse alejado/sin contacto, decidiendo si reportar o no, acompañamiento, juicios penales, conducta estudiantil, ordenes de protección.



Alojamiento

Ayuda con reubicación, seguridad física, alojamiento, contratos, y hablando con compañeros de cuarto.



Financiamiento

Apoyo con el programa de compensación a víctimas con el costo asociado con el crimen (cuentas medicas, salarios perdidos, costos de vivienda, costos de la corte, terapia, etc).



Referidos

Servicios terapéuticos, programas de curación holística, proveedores comunitarios, servicios de apoyo en UCI, defensa propia, comprobantes de aptitud, grupos de apoyo.

UCI CARE提供帮助

我们免费为受到性侵、虐待、尾随、以及家庭暴力影响的 UCI成员提供绝对保密的帮助和服务。

UCI CARE



情感

我们提供个人咨询、互助小组、可借阅图书馆、音乐、艺术以及瑜伽等治愈项目。我们也会为你筹备安全措施，并建立互助关系网。



学业

我们可以帮你申请延期入学、转学、退学以及与教授商议相关课程的调整。



报案

我们提供司法陪同，帮你了解Title IX相关法律条文。我们会向你提供相关信息，你可以用这些信息来决定是否报案或者是否匿名报案。



医疗

我们提供法医取证和性病检查的转诊。我们也提供学生健康、科学预防以及紧急治疗的相关信息。此外，我们也会提供医疗费用的经济援助。



住宿

我们可以在住房合约、人身安全以及寻找房源方面向你提供帮助，而且我们可以帮你和你的室友沟通。



经济

Victim Compensation Program可以帮助幸存者减少与案件相关的经济损失，例如医疗账单、误工费、租房、出庭以及治疗的费用。



转诊

我们提供治疗服务、自我防卫教学、互助小组、健身代金券和治愈项目。

SUPPORT AFTER-HOURS

The UCI CARE office is located on the 3rd floor of the Student Center and is open 8 AM to 5 PM, Monday-Friday. If you are seeking support after hours, the following resources are available:

UCI Counseling Center - (949)824-6457

- Free/Confidential - licensed counselors available to speak with 24 hours a day (in-person hours: 8 AM-5 PM), call the number above and select option 2

Waymakers - (949)831-9110

- Free/Confidential - 24 hour access via phone to an advocate who can provide emotional support and education on reporting rights and options for sexual assault

Human Options - (877)854-3594, humanoptions.org

- Free/Confidential - 24 hour bilingual line that assists with dating or domestic violence issues or information about shelter and programs

Laura's House - (866)498-1511, laurashouse.org

- Free/Confidential - 24 hour crisis hotline support for dating or domestic violence with services that include resources, referrals and safety planning

National Suicide Prevention Lifeline -(800)273-8255(TALK), suicidepreventionlifeline.org

- Free/Confidential - 24 hour support to anyone experiencing a suicidal crisis or emotional distress

NAMI WarmLine - (877)910-9276

- Free/Confidential - phone-based non-crisis support for anyone struggling with mental health or substance abuse issues

Live Health Online - livehealthonline.com

- Both an app & website - receive quality urgent care for medical or mental health concerns 24/7. Free to sign up and \$49 or less/visit with no monthly fees

care.uci.edu

- The UCI CARE website offers educational videos and provides information on campus and community resources, as well as information about reporting rights and options

Police Department - Call 911, (949)824-5222

- In case of emergency or immediate danger, call 911. For non-emergencies on campus, contact UCIPD: (949)824-5222

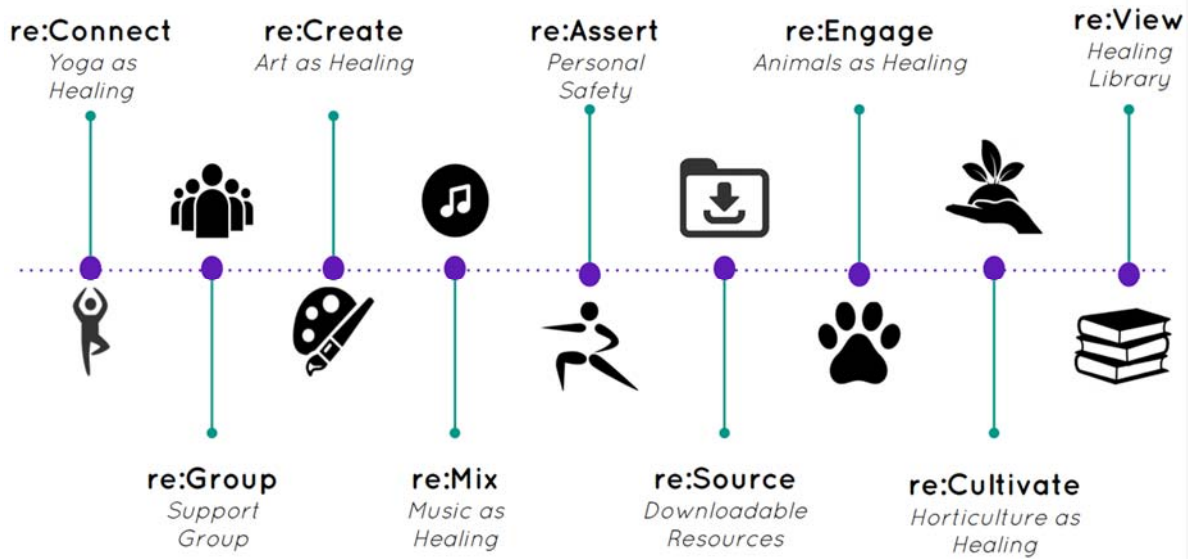
UCI CARE

Student Center, G320

www.care.uci.edu

(949)824-7273

UCI CARE Holistic Healing Transforming Trauma



Mission Statement

The mission of UCI CARE's Holistic Healing program is to create transformative spaces and restorative experiences for members of the UCI community who have been directly or indirectly impacted by sexual assault, relationship abuse, stalking, child abuse and/or family violence.



re:Connect: *Yoga As Healing*

Yoga as Healing is a program designed to empower participants to connect inward, become reacquainted with their bodies. Yoga's focus on self-acceptance provides participants with tangible benefits that will become noticeable throughout their practice. "Yoga allows survivors to regain a sense of comfort and ease within their own shape, to process nonverbal feelings that transcend language, and to experientially cultivate gratitude towards the body, which serve as a reminder of one's resilience" (Boeder, 2012).



re:Create: *Art as Healing*

re:Create is a path to healing using art to engage in self-expression and self-discovery. Creating art is a way for us to give a voice to feelings, thoughts, and experiences we may feel unable to express using words.



re:Group: *Group Counseling & Support*

CARE offers weekly support groups for survivors of sexual assault or intimate partner violence. Groups offer opportunities to connect with others who have had similar experiences, gain support, develop trust, increase self-awareness and learn new ways to cope with challenges. There is no session-limit for group counseling.



re:Mix: *Music as Healing*

Music can be a source of healing – through sound, vibration, and sensations and as a familiar "friend," bringing comfort in difficult times. Programs include: Acoustic Affirmations, iPod lending program, healing playlists, and healing drum circles.



re:Engage: *Animals as Healing*

Animals can play an important role in creating healing environments. re:Engage uses connections and relationships with animals to facilitate healing. As part of this program, participants may encounter a variety of healers on four legs...from dogs to mini horses.



re:Cultivate: *Horticulture as Healing*

re:Cultivate uses horticultural activities – like cultivating gardens, plants, and spending time outdoors – to connect people to the healing powers of nature. Horticulture can teach participants about nurturance, attentiveness, consistency, patience, mindfulness and problem solving in a way that can be applied to healing.



re:Assert: *Personal Safety/Self Defense*

From a holistic healing perspective, re:Assert focuses on empowerment– helping participants to find and use their own inner strength and awareness to maintain (or regain) control of their lives re:Assert personal safety and self-defense workshops combine awareness, assertiveness, and verbal confrontation skills with safety strategies and physical techniques. UCI CARE partners with Get Safe USA for its personal safety workshop offerings throughout the year.



re:View: *Lending Library*

The CARE Office houses a healing library of books, films, resource guides, fact sheets and other tools that are available for check out by members of the UCI community.



re:Source: *Downloadable Support*

re:Source provides downloadable resources, such as self-care plans, meditations, and worksheets or readings, via the UCI CARE website and social media pages (Facebook and Instagram). Follow us for more information or to access these resources!

UCI CARE

CHOICES & VOICES

a sexual assault survivors group

Safe and secure environment where students who have had unwanted sexual experiences can support one another.

Topics are based on the needs of the group, but may include:

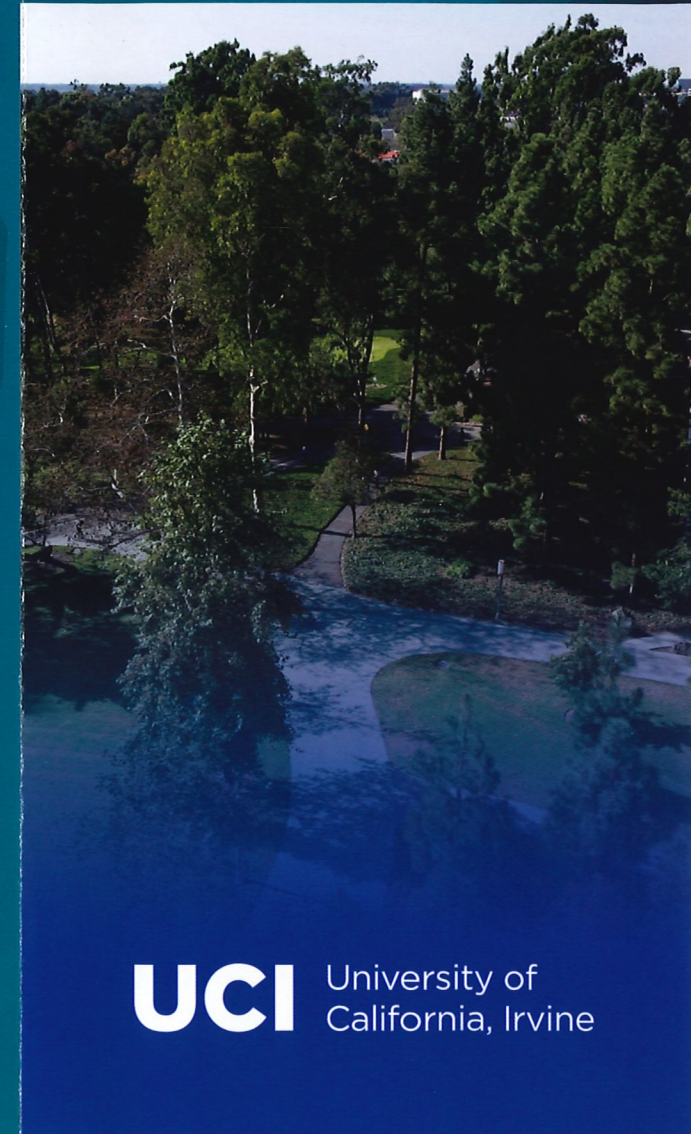
- discussing the impact of their experiences on academics, friendships, family relationships, and dating
- external pressures to make decisions
- feelings of shame, sadness, anger, helplessness, loss or anxiety
- reaching other support resources and sharing ideas
- sharing daily challenges without judgment
- exploring ways to cope with difficult or confusing feelings and behaviors
- exploring trust and boundaries in new relationships with others

Mondays 3:30pm-5:00pm

For more information email care@uci.edu
or call (949) 824-7273



SEX OFFENSE REPORTING & OPTIONS



Assistance Resources

Office of Equal Opportunity and Diversity (OEOD)

103 Multipurpose Science & Technology Building (MSTB)
Irvine, CA 92697-1130

Monday – Friday: 8am - 5pm
949.824.5594

Email: oeod@uci.edu
www.oeod.uci.edu

UC Irvine Police

100 Public Services Building
Irvine, CA 92697-4900

Open 24 hours everyday
949.824.5223

Emergencies: 911
www.police.uci.edu

Campus Assault Resources & Education (CARE)

G320 Student Center
Irvine, CA 92697-5125

Monday – Friday: 8am - 5pm
949.824.7273

www.care.uci.edu

Counseling Center

203 Student Services 1
Irvine, CA 92697-2200

Monday – Friday: 8am - 5pm
949.824.6457

www.counseling.uci.edu

The Office of the Ombudsman

205 Multipurpose Science & Technology Building (MSTB)
Irvine, CA 92697-4325

Monday - Friday: 8am - 5pm
949.824.7256

www.ombuds.uci.edu

**Resources in green are confidential.*

For more information please
visit: www.soinfo.uci.edu

Assistance Options

Medical Attention

The Student Health Center (www.shc.uci.edu) is available Monday-Friday: 8am - 5pm to provide on-campus medical attention to students who have experienced a sex offense. Faculty and Staff should contact their primary care providers.

Please note that medical providers are required by law to report sex offenses to the police.

Sexual Assault Forensic Exam

Commonly referred to as a "rape kit" or "rape exam," is conducted at only one facility in Orange County, Anaheim Regional Medical Center. This option is available for approximately 96 hours after a sexual assault has occurred. Exams can be obtained by contacting the police or a victim advocate through Community Support Programs (CSP) on their 24 hour hotline: (949) 831-9110 or visit www.cspinc.org.

Campus Assistance

Office of Equal Opportunity and Diversity (OEOD)

OEOD can assist individuals obtain the following:

- No contact orders
- Changes to work or class schedules
- Housing changes
- Safety escorts
- Academic assistance
- Counseling
- Healthcare/Medical Services

For more information please
visit: www.soinfo.uci.edu

Support

Campus Assault Resource and Education (CARE)

CARE offers confidential services that are free of charge to all currently enrolled students.

Campus Assault Resource and Education (CARE) provides services to those affected by sexual assault, dating, and domestic abuse, stalking, relationship health, and personal safety. The office provides consultation, counseling, and advocacy services. The office is located on the 3rd floor of the Student Center in Suite G320. For more information call (949) 824-7273.

Programs and Services:

- Individual Consultation
- Group Counseling
- Advocacy
- Yoga as Healing
- Peer Education

CARE

Please visit CARE's website for more information
at: www.care.uci.edu

Reporting Information

UCI encourages the timely reporting of all sex offenses to the Title IX Office/Office of Equal Opportunity and Diversity (OEOD).

Employees in a supervisory role and faculty members are required by the policy to report all incidents and disclosures of sex offenses to OEOD. UCI's first objective in responding to reports of sex offenses is attending to the needs of those impacted. UCI through its OEOD will work with Complainants, Respondents, and witnesses to clearly explain the administrative complaint process, the criminal complaint process, as well as the many resource and assistance options available on and off campus.

Criminal Rights

UC Irvine Police or local Police

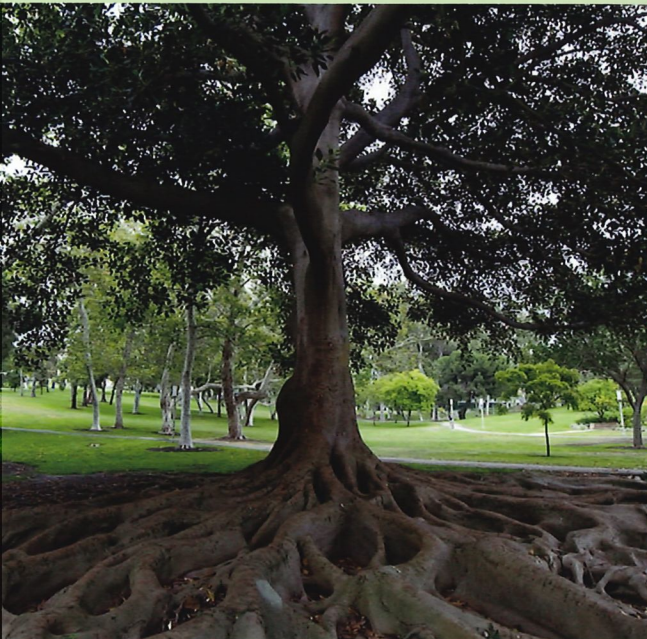
You may report sex offenses, including dating and domestic violence, sexual assault, and stalking, to the police. When the UC Irvine Police Department is contacted, an investigating officer trained in sex offense cases will be dispatched to the scene and will explain the police procedures, safety planning, and your reporting options.

Administrative Rights

Office of Equal Opportunity and Diversity (OEOD)

You may request an administrative investigation from OEOD regardless of whether or not a report has been filed with the police. OEOD will perform non-criminal investigations of reports of sex offenses. In addition, OEOD can propose interim remedies for both parties such as no contact orders, adjustments to on-campus housing assignments and class schedules, visa and financial aid assistance, or alternative work arrangements for employees.

Students who make a complaint of a sexual offense will not be charged or held responsible for violations of UCI's drug or alcohol policy.



The University of California, Irvine is committed to creating and maintaining an environment in which all persons who live, work, and learn in our campus community can be free of all forms of sexual assault, sexual misconduct, domestic violence, dating violence, stalking, and retaliation. Every member of the University community should be aware that sex offenses are prohibited by law as well as our University policy and will not be tolerated.

Sex offenses threaten the emotional, physical, and psychological well-being of our students, faculty, and staff and endanger the safety of our community. Sex offenses impact our students' ability to feel safe on our campus and to achieve their greatest potential in the classroom. Similarly, sex offenses impede the health and safety of faculty and staff, substantially impairing their ability to teach, research, heal, and to serve our University in their myriad of vital roles. Sex offenses violate the principles of our community and the values that we hold most important. Therefore, sex offenses will not be tolerated by the University of California, Irvine and are expressly prohibited.

Kirsten Quanbeck
Associate Vice Chancellor - Equity, Diversity, and Inclusion
Director of Office of Equal Opportunity and Diversity
Title IX/Sexual Harassment Officer
103 Multipurpose Science and Technology
Irvine, CA 92697-1130
Phone: (949) 824-5594
Email: oead@uci.edu



Definitions

It is a violation of UC's Sexual Harassment and Sexual Violence Policy, as outlined in UCI's **Guidelines for Reporting and Responding to Reports of Sex Offenses** (<http://www.policies.uci.edu/adm/procs/700/700-17.html>) to commit or attempt to commit any sex offense defined or addressed below.

Sexual Assault

Sexual assault occurs when physical sexual activity is engaged in without the consent of the other person. The conduct may include:

- Physical force, violence, threat or intimidation
- Ignoring the objections of the other person
- Causing the other person's intoxication or impairment through the use of drugs or alcohol
- Taking advantage of the other person's incapacitation (including voluntary intoxication), state of intimidation, or other inability to consent
- Sexual battery

Sexual Misconduct

Sexual misconduct is non-consensual sexual activity that does not involve touching. The misconduct may include:

- Electronically recording, photographing, or transmitting intimate or sexual utterances, sounds or images of another person
- Allowing third parties to observe sexual acts
- Engaging in voyeurism
- Exposing oneself.

Attempt

An "attempt" occurs when anyone attempts to commit an act covered by these guidelines but fails, or is prevented or intercepted in its perpetration.

Consent

Consent is an affirmative, unambiguous, and conscious decision by each participant to engage in mutually agreed-upon sexual activity.

- Consent is informed. Consent is voluntary. It must be given without coercion, force, threats, or intimidation. Consent means positive cooperation in the act of expression of intent to engage in the act pursuant to an exercise of free will.
- Consent is revocable; it may be withdrawn at any time. Consent to some form of sexual activity does not imply consent to other forms of sexual activity. Consent to sexual activity on one occasion is not consent to engage in sexual activity on another occasion. A current or previous dating or sexual relationship, by itself, is not sufficient to constitute consent. Even in the context of a relationship, there must be mutual consent to engage in sexual activity. Consent must be ongoing throughout a sexual encounter and can be revoked at any time. Once consent is withdrawn, the sexual activity must stop immediately.
- Consent cannot be given when a person is incapacitated. A person cannot consent if he or she is unconscious or coming in and out of consciousness. A person cannot consent if he or she is under the threat of violence, bodily injury or other forms of coercion. A person cannot consent if his or her understanding of the act is affected by a physical or mental impairment.
- In the state of California the age of consent is 18 years or older.

It is the responsibility of the person wanting to engage in the specific sexual activity to make sure that he or she has consent. In making determinations of consent the following will be taken into consideration:

- Silence does not equal consent.
- Because incapacitation may be difficult to discern, individuals are strongly encouraged to err on the side of caution. When in doubt, assume that another person is incapacitated and therefore unable to give consent.

Incapacitation

Incapacitation is defined as the physical and/or mental inability to make informed, rational judgments. States of incapacitation include, but are not limited to, unconsciousness, sleep, and blackouts.

Where alcohol or drugs are involved, incapacitation is defined with respect to how the alcohol or other drug consumed affects a person's decision-making capacity, awareness of consequences, and ability to make fully informed judgments. Being intoxicated by drugs or alcohol does not diminish one's responsibility to obtain consent. The factors to be considered when determining whether consent was given include whether the accused knew, or whether a reasonable person should have known, that the Complainant was incapacitated.

The Role of Alcohol and Drugs

It is a violation of this Policy and/or a criminal offense to engage in sexual acts with someone who has been using alcohol, drugs, or other intoxicants to the degree that he or she is unable to provide consent. This is true whether or not the person reporting the sex offense voluntarily consumed the alcohol, drug, or intoxicant.

Intentionally causing someone to become intoxicated in order to facilitate the sex offense will be considered as a factor when determining responsibility and, where responsibility has been found, imposing appropriate sanctions.

Because alcohol, drugs, and other intoxicants are often involved in sex offense matters, Complainants may be afraid to report sex offenses to authorities where they also have engaged in an activity that violated University policy or state law, such as a person under age 21 drinking alcohol. UC Irvine encourages the reporting of sex offenses and therefore does not hold Complainants and/or witnesses accountable for alcohol-related Student Code of Conduct violations that may have occurred at the time of the sex offense.

The use of intoxicants by a student or employee accused of a sex offense does not excuse the offense.



Domestic Violence

Domestic violence is behavior that includes physical, sexual, verbal, emotional or psychological abuse by a current or former spouse, by a person with whom the Complainant shares a child in common, by a person who is cohabitating or has cohabitated with the Complainant as a spouse, by a person similarly situated to a spouse of the Complainant under the laws of the jurisdiction, or any other person against an adult or youth victim who is protected from that person's acts under the domestic violence laws.

Dating Violence

Dating violence is behavior that includes physical, sexual, verbal, emotional or psychological abuse, committed by a person who has been in a relationship of a romantic or intimate nature with the Complainant. The existence of such a relationship shall be determined based on consideration of factors such as the length of the relationship, type of relationship, and frequency of interaction between the persons involved in the relationship.

Abuse

Abuse means intentionally or recklessly causing or attempting to cause bodily injury, or placing another person in reasonable fear of imminent serious bodily injury to himself or herself or another. Abuse may include, but not limited to;

- Physical abuse acts such as hitting, slapping, pushing, punching, kicking, and choking. It could involve using a weapon or object to threaten or hurt someone. It also includes throwing, smashing, or breaking personal items and hurting or killing of pets.
- Sexual abuse involving pressuring or forcing someone to engage in nonconsensual sexual acts, including creating pictures or videos.
- Verbal abuse involving put downs, name calling, yelling or swearing, threatening tones, or abusive language.
- Emotional abuse involving ignoring someone or using looks or actions or speaking in ways that are frightening or threatening.

Stalking

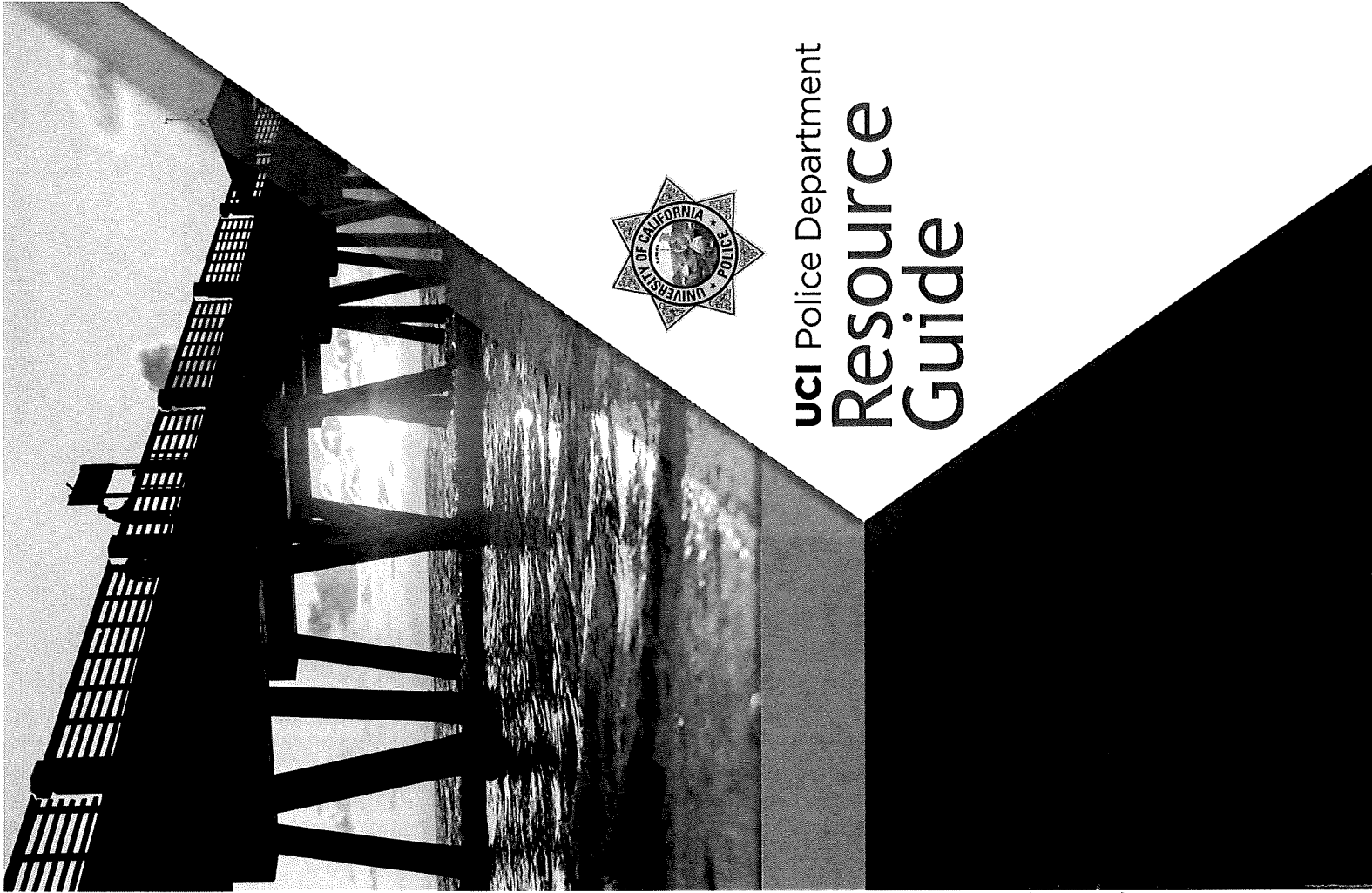
Stalking is behavior in which a person repeatedly engages in conduct directed at a specific person that places that person in reasonable fear of his or her safety or the safety of others.

Examples of stalking include:

- Following
- Obsessive behavior
- Unwanted and/or excessive phone calls or other forms of communication
- Unwanted letters or messages
- Unwanted gifts or threatening gifts
- Damage to property
- Appearance at places of residence, school, work
- Threats to person, family, or friends
- Inappropriate confrontations and approaches.



This project was supported by Grant No. 2011-WA-AX-0014 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



UCI Police Department
**Resource
Guide**



Resources



UCIRVINE
EMPLOYEE ASSISTANCE PROGRAM

844-824-3273

wellness.uci.edu/facultystaff/eap/introduction.html

The Employee Assistance Program (EAP) is a free, confidential benefit that can help address personal or work-related issues faced by UCI faculty, staff, retirees and dependents at both the UCI Campus and UC Irvine Health. This service, staffed by experienced clinicians, is available 24 hours a day, seven days a week.

UCI CARE

949-824-7273 | care.uci.edu

UCI CARE provides free and confidential support services to members of the UCI community impacted by sexual assault, relationship abuse, family violence and/or stalking. UCI CARE aims to end these forms of power-based personal violence by engaging the campus community in education, programming, and transformative action.



UCI Faculty/Staff Support Services

844-824-5208

chs.uci.edu/faculty-staff-support-services

Faculty/Staff Support Services provides consultative services and support to resolve behavioral health issues, serves as a primary crisis intervention resource, provides time-limited case management for employees, and develops and implements instructional training to assist in the promotion of mental well-being for all UCI and UCI Health faculty and staff.

HUMAN OPTIONS

PREVENT. PROTECT. EMPOWER. TRANSFORM.

877-854-3594 | humanoptions.org

Human Options leads the way at the center of a collective county-wide response in service of those threatened by abuse in Orange County. The organization has impacted the lives of more than 38,000 individuals affected by relationship violence. Human Options provides emergency shelter and counseling for victims of domestic violence. The 24-hour hotline is 877-854-3594.



Waymakers

949-250-0488 | waymakersoc.org

Waymakers operates a comprehensive Victim/Witness Assistance Program that provides needed service for crime victims and witnesses and encourages their cooperation in the investigation of the case and prosecution of the offender.

LAURA'S HOUSE

Inspiring Hope and Empowering Change to End Domestic Violence

866-498-1511 | laurashouse.org

Laura's House provides unduplicated domestic violence-related services to the 915,000 residents of Orange County, California and beyond. Over the past 24 years, Laura's House has provided shelter and supportive services to more than 5,000 abused women, men and children and counseling, life skills education and legal advocacy to over 55,000 persons.

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Use this space to document your contact with the UCI Police Department

Police Report (DR) #: _____ or Incident #: _____

Date/Time Reported: _____ A.M./P.M.

Location of Occurrence: _____

Date/Time of Occurrence: _____ A.M./P.M.

Reporting Officer: _____ Badge #: _____

Reporting Officer: _____ Badge #: _____

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OUR VISION
 WE ASPIRE TO ACHIEVE
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 ETHICS AND EXCELLENCE IN PROVIDING
 SERVICE TO OUR COMMUNITY

OUR MISSION
 TO SERVE IN PARTNERSHIP WITH OUR COMMUNITY,
 SUPPORTING A SAFE AND INCLUSIVE UNIVERSITY.

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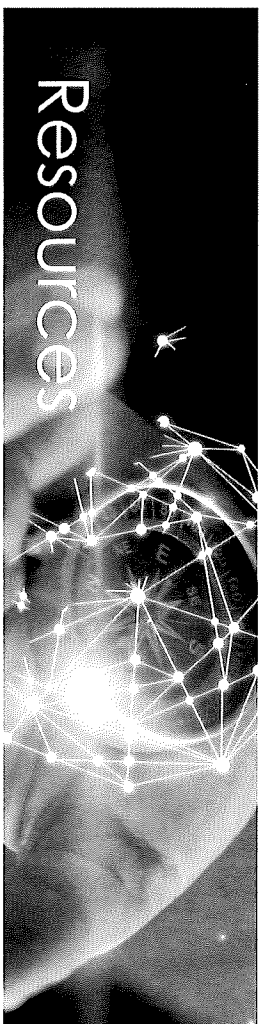
OUR VALUES
 INTEGRITY • RESPECT • TRANSPARENCY • FAIRNESS • TEAMWORK

OUR FOUNDATION
 DEDICATED UC IRVINE DEPARTMENT PERSONNEL

Mission Vision Values

Our Vision, Mission, and Values at the UCI Police Department are the guiding principles we rely upon to effectively serve our community. As the graphic depicts, our dedicated personnel are the foundation of our department. Our values are demonstrated by their daily service and actions through prevention, intervention,

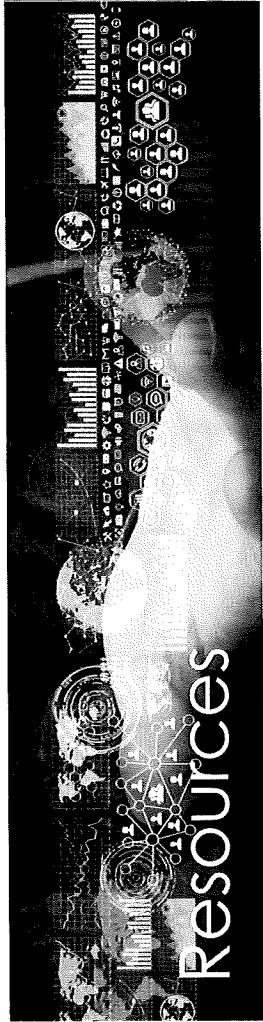
enforcement, and education. Our Mission, "To serve in partnership with our community, supporting a safe and inclusive University," fully embraces our community oriented policing philosophy and brings that philosophy to reality through partnerships and service. Our vision leads our personnel to strive for only the highest standards of ethics and excellence in all they do.



Resources

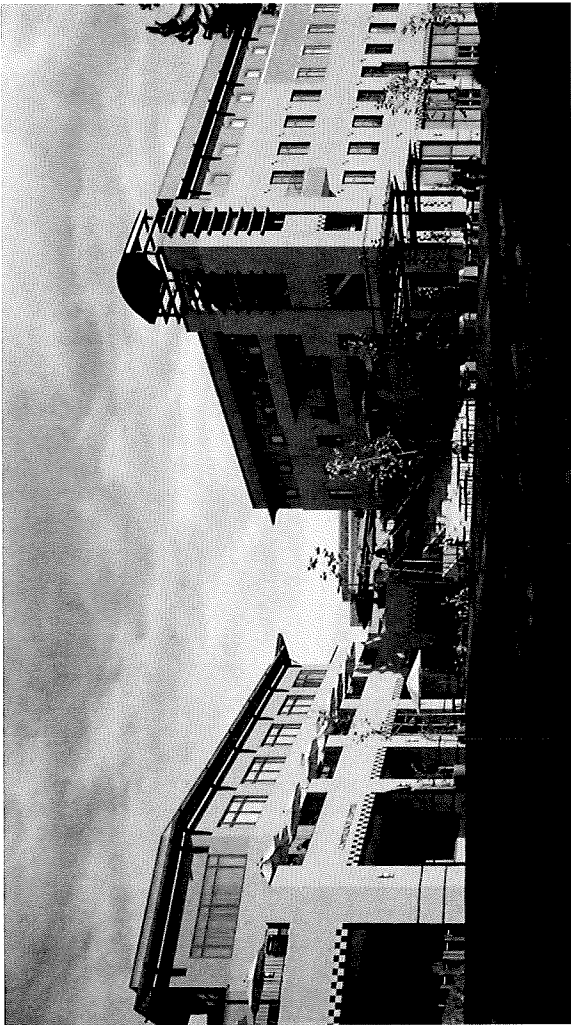
National Resources

- **National Association of Crime Victim Compensation Boards**
 703-780-3200
www.nacvcb.org
- **National Center for Victims of Crime**
www.victimsofcrime.org
- **Resource Center on Domestic Violence**
 800-799-SAFE (7233)
www.ndvh.org
- **National Criminal Justice Reference Center (NCJRS)**
 800-851-3420
www.ncjrs.gov
- **National Human Trafficking Resource Center**
 888-373-7888
www.polarisproject.org
- **National Suicide Prevention Lifeline**
 800-273-TALK (8255)
www.suicidepreventionlifeline.org
- **National Teen Dating Abuse Helpline**
 866-331-9474
www.loveisrespect.org
- **National Organization for Victim Assistance (NOVA)**
 800-879-6682
www.trynova.org
- **National Center for Missing and Exploited Children (NCMEC)**
 800-843-5678
www.missingkids.com
- **Childhelp USA - National Child Abuse Hotline**
 800-422-4453
www.childhelp.org
- **Rape, Abuse, Incest, National Network**
 800-656-HOPE
www.rainn.org
- **Gay, Lesbian, Bisexual, Transgender, National Hotline**
 888-843-4564
www.glbnationalhelpcenter.org
- **Veteran's Crisis Line**
 800-273-8255 (Press 1)
- **Victim Connect Resource Center**
 855-484-2846
- **National Clearinghouse for Alcohol and Drug Information**
 800-729-6686
- **Safe Online Helpline (Sexual Assault Support for the Department of Defense Community)**
 877-995-5247
www.safehelpline.org
- **California Attorney General's Victim Services Unit**
 877-433-9069
www.oag.ca.gov/victimservices
- **California Department of Corrections and Rehabilitation Office of Victim & Survivor Rights & Services**
 877-256-6877
www.cdcr.ca.gov/victim_services
- **California Victims' Compensation Programs**
 800-777-9229
www.vcgcb.ca.gov/victims
- **California Partnership to End Domestic Violence**
 916-444-7163
www.cpedv.org



Local Resources

- **Adult Protective Services Elder Abuse Hotline**
800-451-5155
- **City of Irvine FOR Families**
1 Civic Center Plaza
Irvine, CA 92606
949-724-6650
- **Waymakers**
949-250-0488
www.waymakersoc.org
- **Crime Survivors**
www.crim survivors.org
- **Crisis Prevention Hotline (Suicide Prevention)**
877-7CRISIS or 877-727-4747
- **Didi Hirsch Suicide Prevention Crisis Line**
800-273-8255
- **Domestic Violence Assistance Program**
714-935-7956
- **Human Options**
949-737-5242 (Press 2)
www.humanoptions.org
- **Orange County Child Abuse Registry Hotline**
800-207-4464
- **Orange County District Attorney's Office**
714-834-3600
- **Resources for Survivors of Violent Crime in Orange County**
crimesurvivors.org/page/wp-content/uploads/2019/03/OC-Low.pdf
- **Orange County Human Trafficking Task Force**
888-373-7888
www.ochumantrafficking.com
- **Orange County Veterans Resource Center**
800-273-8255
www.santa-ana.org/library/veterans
- **OC Links Behavioral Health Services**
855-OC-LINKS (855-625-4657)
- **OC Crime Stoppers**
855-TIP-OCCS (confidential tip line)
- **The Center of Orange County (LGBTQ)**
714-953-5428
www.thecenteroc.org
- **UCI CARE**
949-824-7273
www.care.uci.edu
G320A Student Center
- **Hospitals**
 - **Hoag Hospital Irvine**
16200 Sand Canyon
Irvine, CA 92618
949-517-3000
 - **Kaiser Permanente Hospital**
6640 Alton Parkway
Irvine, CA 92618
949-932-5000
 - **Anaheim Regional Medical Center**
1111 West La Palma Avenue
Anaheim, CA 92801
714-774-1450

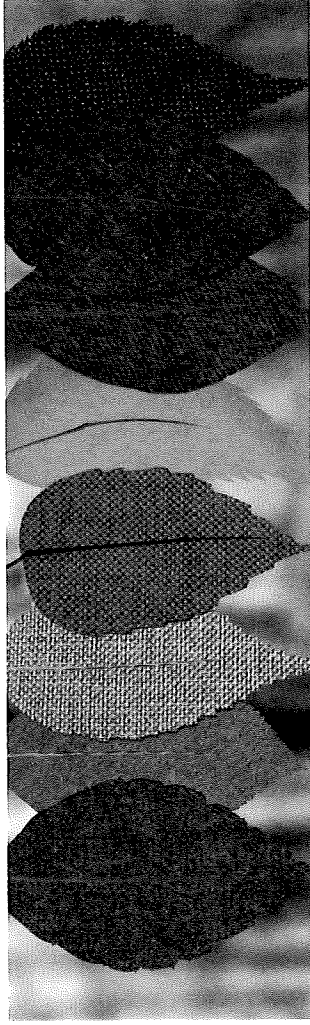


Victims' Bill of Rights Act of 2008

To provide victims with rights to justice and due process

On November 4, 2008, the People of the State of California approved Proposition 9, the Victims' Bill of Rights Act of 2008: Marsy's Law. This measure amended the California Constitution to provide additional rights to victims. This booklet contains specific sections of the Victims' Bill of Rights and other resources. Crime victims may obtain additional information regarding Marsy's Law and other victim services available by calling the UCI CARE office at **949-824-7273** or Waymakers at **949-831-9110**.

A 'victim' is defined under the California Constitution as "a person who suffers direct or threatened physical, psychological, or financial harm as a result of the commission or attempted commission of a crime or delinquent act. The term 'victim' also includes the person's spouse, parents, children, siblings, or guardian, and includes a lawful representative of a crime victim who is a minor, or who is deceased or physically/psychologically incapacitated. The term 'victim' does not include a person in custody for an offense, the accused, or a person whom the court finds would not act in the best interests of a minor victim." [California Constitution, Article I, § 28(e)]

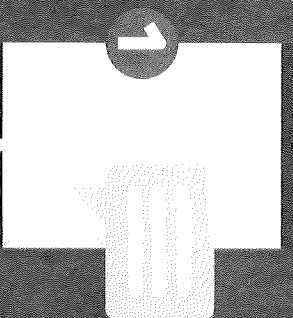


MARSHY'S LAW

In order to preserve and protect a victim's right to justice and due process, a victim shall be entitled to the following rights:

1. To be treated with fairness and respect for his or her privacy and dignity, and to be free from intimidation, harassment, and abuse, throughout the criminal or juvenile justice process.
2. To be reasonably protected from the defendant and persons acting on behalf of the defendant.
3. To have the safety of the victim and the victim's family considered in fixing the amount of bail and release conditions for the defendant.
4. To prevent the disclosure of confidential information or records to the defendant, the defendant's attorney, or any other person acting on behalf of the defendant, which could be used to locate or harass the victim or the victim's family or which disclose confidential communications made in the course of medical or counseling treatment, or which are otherwise privileged or confidential by law.
5. To refuse an interview, deposition, or discovery request by the defendant, the defendant's attorney, or any other person acting on behalf of the defendant, and to set reasonable conditions on the conduct of any such interview to which the victim consents.
6. To reasonable notice of and to reasonably confer with the prosecuting agency, **upon request**, regarding, the arrest of the defendant if known by the prosecutor, the charges filed, the determination whether to extradite the defendant, and, **upon request**, to be notified of and informed before any pretrial disposition of the case.
7. To reasonable notice of all public proceedings, including delinquency proceedings, upon request, at which the defendant and the prosecutor are entitled to be present and of all parole or other post conviction release proceedings, and to be present at all such proceedings.
8. To be heard, upon request, at any proceeding, including any delinquency proceeding, post-conviction release decision, or any proceeding in which a right of the victim is at issue.
9. To a speedy trial and a prompt and final conclusion of the case and any related post-judgment proceedings.

Victim Information Notification Everyday



Victims of crime can use the telephone, internet, or mobile device to search for information regarding their offender's custody status or register to receive telephone and e-mail notification when their offender's custody status changes. Through Victim Information & Notification Everyday (VINE).

Register online at vineink.com

or call **877-411-5588**

1. When VINE asks, make up and enter a four-digit Personal Identification Number (PIN). Write it on the cover of this booklet. VINE will ask for the PIN when it calls you.
2. When VINE calls, listen to the message, then enter your PIN when asked. Entering the PIN lets VINE know that you got the call, and will stop the service from calling you again.

Information To Know

- The offender will not know you are registering with VINE.
- If you are not home, VINE will leave a message on an answering machine, if there is no answer. VINE will call back until you enter your PIN or until 24 hours have passed.
- Since VINE calls automatically when an offender's custody status changes, the service may call at any time of the day or night.
- "OC" only applies to persons in Orange County Jails.

- Do not depend only on the VINE service, or any other single program, for your protection. Make VINE a part of your overall safety plan.

- California statute gives victims and/or witnesses of stalking or domestic violence the right to be notified by certified letter as well as by phone. You may also register to receive an advance notification letter, sent by regular mail, to alert you of an offender's upcoming release. All information provided by VINE will remain confidential.



VINEmobile is the mobile app version of VINE, which allows victims to register for timely and reliable information regarding the custody status of offenders 24-hours a day. Victims and concerned citizens can register to be notified by phone, email, text message (where applicable) or TTY device when an offender's custody status changes. The app is available through Google Play and the Apple iStore. Visit www.VINEink.com for links to the app.

FREE:



Providing Equal Rights to Crime Victims



State of California Victim Compensation Board

The California Victim Compensation Board (CalVCB) can help pay bills and expenses that result from certain violent crimes. Victims of crime who have been injured or have been threatened with injury may be eligible for help. CalVCB Helpline: 800-777-9229

Expenses CalVCB Can Help Pay

CalVCB may help pay for expenses related to a crime such as:

- Crime scene clean up
- Funeral and burial expenses
- Home or vehicle modifications for victims who became disabled
- Income loss
- Medical and dental treatment
- Mental health services
- Relocation
- Residential security

What CalVCB Does Not Cover

CalVCB can't pay for any expense not related to the crime, any expenses paid by insurance or another source of reimbursement or coverage, expenses for lost, stolen or damaged property, or damages for pain and suffering. There are limits on how much can be paid for each loss. The program can't pay any expense for a person who is on felony probation, on parole, in county jail or prison.

Who Qualifies for Victim Compensation

CalVCB can help crime victims such as:

- Domestic violence
- Child abuse
- Assault
- Sexual Assault
- Elder abuse
- Homicide
- Robbery
- Drunken driving
- Vehicular manslaughter
- Hate crimes

Minors who suffer emotional injuries as a result of witnessing a violent crime may be eligible for up to \$5,000 for mental health counseling through CalVCB. CalVCB can help victims of crime that occur in California as well as California residents who become victims while visiting other states or outside the country. Additionally, people who suffer a monetary loss because of death or injury to a crime victim may also be eligible for compensation.

How to Apply for Compensation

- Call CalVCB at 800-777-9229 or locally at 949-250-0594
- Download an application here: victims.ca.gov/victims/howtoapply.aspx
- E-mail: CalVCB at info@victims.ca.gov

Providing Equal Rights to Crime Victims

10. To provide information to a probation department official conducting a pre-sentence investigation concerning the impact of the offense on the victim and the victim's family and any sentencing recommendations before the sentencing of the defendant.
 11. To receive, upon request, the pre-sentence report when available to the defendant, except for those portions made confidential by law.
 12. To be informed, upon request, of the conviction, sentence, place and time of incarceration, or other disposition of the defendant, the scheduled release date of the defendant, and the release of or the escape by the defendant from custody.
 13. To receive restitution. A. It is the unequivocal intention of the People of the State of California that all persons who suffer losses as a result of criminal activity shall have the right to seek and secure restitution from the persons convicted of the crimes causing the losses they suffer. B. Restitution shall be ordered from the convicted wrongdoer in every case, regardless of the sentence or disposition imposed, in which a crime victim suffers a loss. C. All monetary payments, monies, and property collected from any person who has been ordered to make restitution shall be first applied to pay the amounts ordered as restitution to the victim.
 14. To the prompt return of property when no longer needed as evidence.
 15. To be informed of all parole procedures, to participate in the parole process, to provide information to the parole authority to be considered before the parole of the offender, and to be notified, upon request, of the parole or other release of the offender.
 16. To have the safety of the victim, the victim's family, and the general public considered before any parole or other post-judgment release decision is made.
 17. To be informed of the rights enumerated in paragraphs (1) through (16).
- A victim, the retained attorney of the victim, a lawful representative of the victim, or the prosecuting attorney upon request of the victim, may enforce the above rights in any trial or appellate court with jurisdiction over the case as a matter of right. The court shall act promptly on such a request. [California Constitution, Article I, § 28 (c)(1)]

UCI CARE

UCI CARE provides free and confidential support services to members of the UCI community impacted by sexual assault, relationship abuse, family violence and/or stalking. UCI CARE aims to end these forms of power-based personal violence by engaging the campus community in education, programming, and transformative action. Programs and service are available to people of all identities and regardless of status.

Advocacy Services

All members of the UCI community have the right to obtain support from a confidential state-certified advocate. Advocates can support individuals through the process of reviewing options, making decisions, and exploring the impact and meaning of a traumatic experience. Advocacy services include but are not limited to: emotional support, providing information about rights and reporting options, accompaniment to interviews with investigators and forensic exams, medical information and referrals, counseling referrals, academic and housing accommodations, assistance with financial support, victims crime compensation, protective orders, and safety planning.

Holistic Healing Transforming Trauma

The mission of UCI CARE's Holistic Healing program is to create transformative spaces and restorative experiences for members of

the UCI community who have been directly or indirectly impacted by interpersonal violence or abuse. These programs are designed to facilitate opportunities for reconnecting to the self and others while addressing the physical, emotional, mental and spiritual effects of traumatic experiences. UCI CARE offers a variety of free and confidential holistic programs informed by research and developed with the needs of diverse communities in mind. Programs may include yoga, group counseling, music, self-care, personal safety and self-defense, downloadable resources, and a free lending library.

Prevention Education

CARE offers programs that have a direct impact on campus climate and the quality of campus life. Prevention education is focused on reducing and eliminating power-based personal violence, including sexual assault, dating/domestic violence, and/or stalking. CARE offers trainings, workshops, student leadership programs as well as volunteer and internship opportunities.



www.care.uci.edu



949-824-7273



The CARE office is located on the 3rd floor of the UCI Student Center in Suite G320

U.S. Department of Justice Office for Victims of Crime

Established by the Victims of Crime Act (VOCA) in 1984, the Office for Victims of Crime (OVC) supports a broad array of programs and services

that focus on helping victims in the immediate aftermath of crime and supporting them as they rebuild their lives. Although the specific type of outreach provided varies by need and location, the common goal of OVC and VOCA is to reach out with a compassionate, skilled, and effective response to victims who have suffered physical, sexual, emotional, and financial harm as a result of crime. If you are a victim of crime, OVC's site has resources to help you.

Find a Local Program

Use the Online Directory of Crime Victim Services to locate non-emergency crime victim services provided by not-for-profit programs and public agencies.
www.ovc.ncjrs.gov/findvictimservices

Contact a Helpline

OVC offers a list of helplines of national organizations that provide services to crime victims, including the National Domestic Violence Hotline and Disaster Distress Helpline. Visit the OVC webpage at

www.ovc.gov/help/tollfree.html to obtain the contact list of toll-free numbers and hotlines to find additional information or to get help.

Find Your Compensation Program

You may be eligible for crime victim compensation benefits, including reimbursement for medical services, mental health counseling, lost wages, and other costs incurred as a result of the crime. Information about compensation in this state/territory can be obtained using the information listed below:

- OVC Victim Compensation for California
Phone: 800-777-9229
www.vcgcb.ca.gov
- OVC Victim Assistance for California
Phone: 949-250-0594
victims.ca.gov/victims/howtoapply.aspx

Learn About Additional Resources

OVC's "What You Can Do if You Are a Victim of Crime" brochure highlights victims' rights and compensation and assistance programs, and lists national organizations that help victims find information or obtain referrals. Go to www.ovc.gov to learn more.

Justice for Victims • Justice for All



Traffic Collisions

California Vehicle Code § 20001 requires drivers involved in traffic collisions to stop at the scene to render aid to injured persons and to identify themselves to the injured party and to the local police. California Vehicle Code § 20002 requires drivers involved in traffic collisions to stop to identify themselves even if the traffic collision caused only property damage.

Auto Insurance

Uninsured motorist coverage is automobile coverage that provides protection in the event of a traffic collision in which the at-fault party does not have insurance or in the event that the at-fault party is never identified. California requires auto insurance companies to provide you with uninsured motorist coverage unless you decline it in writing when you purchase your auto insurance.

One of the best ways to protect yourself from the devastation a hit-and-run offender or uninsured motorist can cause you and your family is through "Uninsured Motorist" or "PIP" coverage on your auto insurance policy. You and passengers in your vehicle who suffer bodily harm may be covered for damages under this coverage of your policy. You may also be covered if you are injured while a pedestrian, cyclist or a passenger in another person's vehicle if the at fault motorist is uninsured or is never identified.

Hit and Run Collisions

The failure to stop and report an accident is a separate serious violation of law in addition to any violation involved in causing the collision.

Not only do convicted hit-and-run drivers face criminal charges punishable by enhanced fines and jail time when a traffic collision involves injuries or death, they can also be held liable for civil damages. Monetary compensation may be awarded for things such as medical bills, loss of income, property damage, and pain and suffering. Compensation that exceeds a victim's actual monetary losses may also be awarded to punish hit-and-run offenders. Your own auto insurance may also be a source of compensation for your hit-and-run traffic collision damages.

Employers Can Be Liable for Hit-and-Run Damages

If a driver has been identified and charged with a hit-and-run offense while on the job, not only can the offender be held liable for damages, but also his employer. An employer is generally liable for the damages caused by an employee's wrongful conduct if the employee was acting within the "scope and course" of his or her job when the incident occurred.

Victim Compensation Programs Can Help

You may be entitled to obtain compensation for some of your damages through state victim assistance and compensation programs as a victim of a criminal offense. One such program is Crime Victim Compensation, which can help victims of hit-and-run accidents pay for some of the costs of their recovery, including medical care, lost wages, funeral bills and other expenses. Visit the National Association of Crime Victim Compensation Boards website at: www.NACVCB.org or call 703-780-3200 to learn how to seek financial assistance.

UCI Office of Equal Opportunity and Diversity

UCI has policies prohibiting discrimination and sex offenses. The Office of Equal Opportunity and Diversity (OEOD) is the neutral office on UCI's campus and medical center that ensures compliance with University policy and responds to questions, concerns, and complaints related to discrimination, harassment, sexual harassment, and sexual violence (dating and domestic violence, stalking, sexual assault, and other sexual misconduct).

OEOD can provide information on resolving complaints informally, through an alternative resolution, or formally through an administrative investigation. Regardless of whether a complaint is filed, OEOD is able to assist with supportive measures such as changes to housing, changes to class or work schedules, academic assistance, leaves of absence, withdrawals and extensions, financial aid assistance, Visa assistance, workplace accommodations, and information on University No Contact Orders and Stay Away Orders. OEOD is available to discuss your rights, options, and resources.

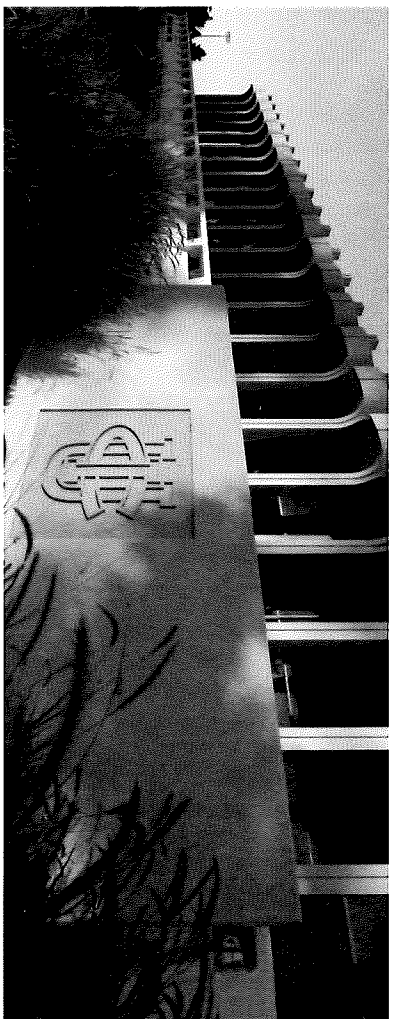


The OEOD office is located at MSTB Suite 103

949-824-5594



www.oeod.uci.edu



Safety Planning

A safety plan is a personalized, practical plan that can help you prepare for unexpected or dangerous situations.

If you're experiencing abuse or are in an unhealthy relationship, you should create a safety plan. Whether you decided to end the relationship or stay, it's a good idea to empower yourself with the knowledge of your options and resources.

For help in creating a safety plan, contact the CARE office at (949) 824-7273.

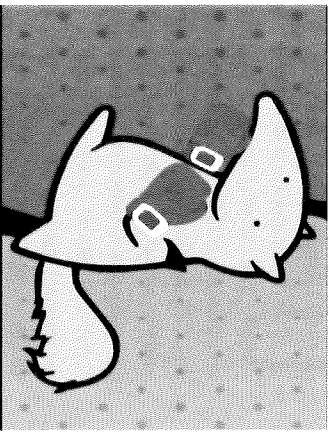
Sample safety plans for students, staff, or faculty can be located at care.uci.edu/docs/SafetyPlanningGuide.pdf



Don't Walk Alone
 Call (949) 824-SAFE
 A free 24 hour service offered by the UCI Police Department



Campus Emergency Phones
 Use the blue light call boxes if you suspect danger to yourself or others. You will be automatically connected to the UCI Police Department.
 Blue Light Map: parking.uci.edu/maps/documents/UCI-MainCampusMap.pdf

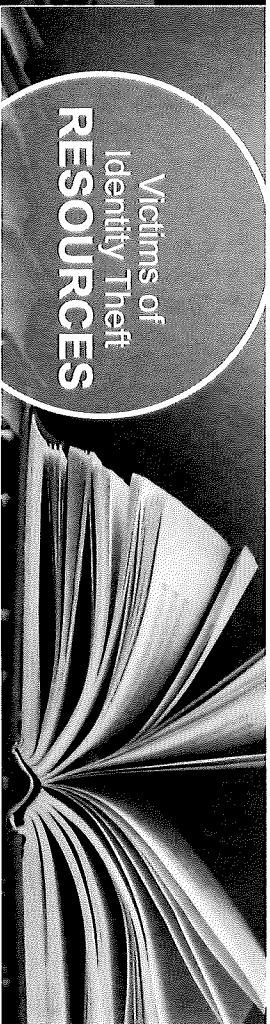


SELF-DEFENSE

In partnership with Get Safe USA, the re:Assess Personal Safety and Self-Defense workshops focus on developing awareness, assertiveness, and communication strategies combined with physical techniques to empower participants with increased confidence and self-defense skills.

All CARE programs and services are available to all members of the UCI community of all identities regardless of status.

Register Today!
www.care.uci.edu/register.html



Victims of Identity Theft RESOURCES

Credit Report Companies

EQUIFAX®

www.equifax.com

Report Fraud:
 ■ 800-525-6285
 ■ P.O. Box 105069
 Atlanta, GA 30348

Order a Credit Report:
 ■ 800-685-1111
 ■ P.O. Box 740241
 Atlanta, GA 30374

experian™

www.experian.com

Report Fraud:
 ■ 888-397-3742

TransUnion

www.transunion.com

Report Fraud:
 ■ 800-680-7289
 ■ P.O. Box 6790
 Fullerton, CA 92634

Order a Credit Report:
 ■ 800-916-8800
 ■ P.O. Box 390
 Springfield, PA 19064-0390

ANNUAL CREDIT REPORT REQUEST SERVICE
www.annualcreditreport.com
Order a Credit Report:
 877-322-8228
 P.O. Box 105281
 Atlanta, GA 30348-5281

CA DEPT. OF JUSTICE PRIVACY AND DATA SECURITY
www.oag.ca.gov

SOCIAL SECURITY ADMINISTRATION
www.ssa.com
Report Fraud: 800-269-0271
Order an Earning/Benefits Statement:
 800-772-1213

FEDERAL TRADE COMMISSION
www.ftccomplaintassistant.gov
I.D. Theft Hotline: 877-438-4338

UNITED STATES POSTAL SERVICE
www.postalinspectors.uspis.gov/forms/idtheft.aspx
U.S. Post Inspectors: 877-876-2455
Mail Theft/Fraud or Identity Theft:
 800-275-8777

DIRECT MARKETING ASSOCIATION
www.e-nips.org
 To remove your name from mail and phone lists:

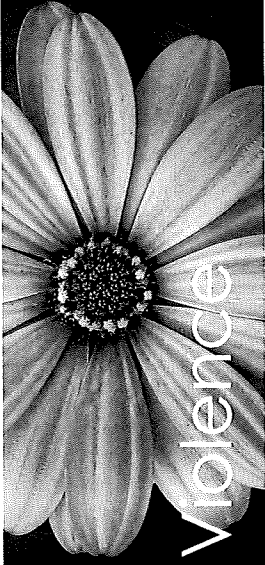
DMA Mail Preference Service:
 P.O. Box 9008
 Farmingdale, NY 11735

DMA Telephone Preference Service: P.O. Box 9014
 Farmingdale, NY 11735

REPORT FRAUDULENT USE OF CHECKS
 Chex Systems 800-428-9623
 Certegy 800-437-5120
 Telecheck 800-366-2425
 Ntl. Check Fraud Svc. 843-571-2143

To Stop Receiving Pre-Approved Credit Card Offers: 888-5-OPTOUT

Victims of Domestic Violence



9. **Fraudulent Change of Address**
 Notify the local Postal Inspector if you suspect an identity thief has filed a change of your address with the post office or has used the mail to commit credit or bank fraud (Call the local Postmaster to obtain the phone number). If possible, determine where fraudulent credit cards were sent. Notify the local Postmaster of that address and forward all mail in your name to your own address. You may also need to talk with the mail carrier.

10. **Stolen Mail**
 If you believe your mail has been stolen, report it immediately to your local Postmaster or nearest Postal Inspector. You will be asked to complete PS Form 2016 (Mail Theft and Vandalism Complaint). Analysis of these forms helps the Postal Inspectors in determining if the theft of your mail is isolated or part of a larger mail theft problem in your neighborhood, and in locating and apprehending mail thieves.

11. **Social Security Number Misuse**
 Contact the Social Security Administration to report fraudulent use of your Social Security Number and request a copy of your earnings and benefits statement to check it for accuracy.

12. **Passport Misuse**
 If you have a passport lost or stolen, notify the passport office in writing to alert them for anyone ordering a new passport fraudulently.

13. **Drivers License Number Misuse**
 You may need to change your driver license number if someone is using yours as identification on fraudulent checks. Contact the Department of Motor Vehicles (DMV) to see if another license was issued in your name. Place a fraud alert on your license. Contact any DMV to request a new number and complete the DMV's complaint form to begin the fraud investigation, and provide supporting documents with the complaint form to the nearest DMV investigation office.

14. **False Civil and Criminal Judgments**
 Sometimes victims of identity theft are wrongfully accused of crimes committed by the imposter. If a civil judgment has been entered in your name for actions taken by your imposter, contact the court where the judgment was entered and report that you are a victim of identity theft. If you are wrongfully prosecuted in criminal court, contact the State Department of Justice and the Federal Bureau of Investigation.

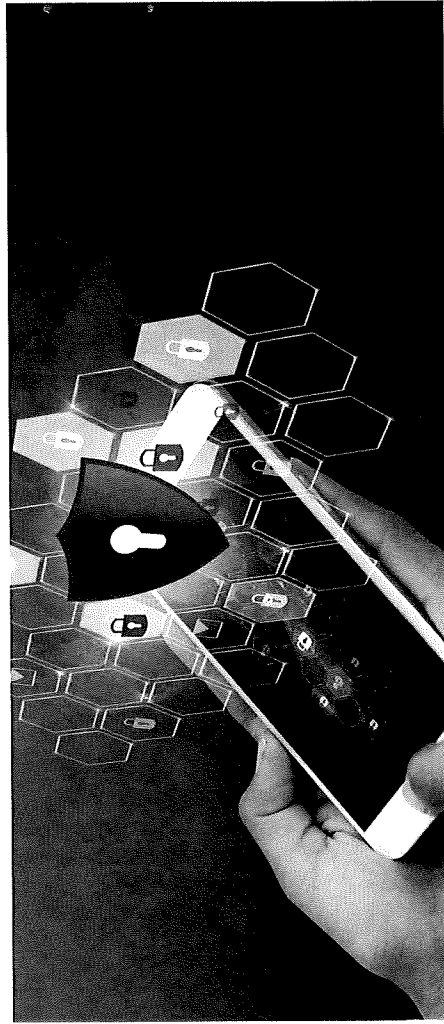
15. **Legal Help**
 You may want to consult an attorney to determine legal action to take against creditors and/or credit bureaus. Call the local Bar Association to find an attorney who specializes in consumer law and the Fair Credit Reporting Act.

Domestic violence doesn't look the same in every relationship because every relationship is different. One factor most abusive relationships have in common is that the abuse partner does many different things to have more power and control over their partners. Below are examples:

- Telling you that you can never do anything right.
- Showing jealousy of your friends and time spent away.
- Keeping you or discouraging you from seeing friends or family members.
- Embarrassing or shaming you with put-downs.
- Controlling every penny spent in the household.
- Taking your money or refusing to give you money for expenses.
- Looking at you or acting in ways that scare you.
- Controlling who you see, where you go, or what you do.
- Preventing you from making your own decisions.
- Telling you that you are a bad parent or threatening to harm or take away your children.
- Preventing you from working or attending school.
- Destroying your property or threatening to hurt or kill your pets.
- Intimidating you with guns, knives, or other weapons.
- Pressuring you to have sex when you don't want to or do things sexually you're not comfortable with.
- Pressuring you to use drugs or alcohol.

Victims of domestic violence are often at risk of additional violence for a period of time after the initial criminal act. As a victim of domestic violence, you should consider the information outlined below:

- As a victim of domestic violence, you may request a Temporary Restraining Order that:
 - Restrains the perpetrator from hurting you, your children, pets or other involved family members.
 - Directs the perpetrator to leave the home.
 - Prevents the perpetrator from going to the victims' home, school, business or place of employment.
 - Awards custody of, or visitation with, a minor child to the victim and protects the child(ren) from the restrained party.
 - Directs child support of minor children and other financial responsibilities.
 - Directs that either or both parties participate in counseling.
- For assistance in obtaining a restraining order or resources, please call 714-935-7956.
- As a victim of domestic violence, you have the right to have an advocate and/or support person of your choice to be present with you during any further interviews as it relates to this crime. You can contact a victim advocate from the CARE office at 949-824-7273.
- A victim advocate can assist you with the process of filing a restraining order, regardless of whether formal charges are filed against the perpetrator.



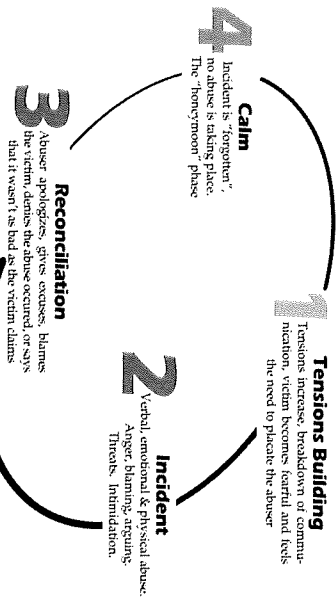
- If your partner physically harms you (including strangulation), threatens you, calls you names, demonstrates jealousy or possessiveness, demeans you in public, keeps you from contacting family or friends, destroys property, or forces you to have sex, then you are in an abusive relationship.
- A physical assault committed by a person with whom you have an existing or previous dating or marital relationship is a crime.
- As a victim of domestic violence, your name, address and personal identifying information may be kept confidential from the public and offender.
- If the perpetrator went to jail, he or she may be released at any time. As one precaution, use the VINE (Victim Information Notification Everyday) program (explained on page 30 of this booklet) as one way to learn when an offender is about to be released or his/her custody status has changed in other ways. The Board of Parole Hearings, California Department of Corrections and Rehabilitation, or the sheriff will notify victims of crime of the release of those defendants convicted of domestic violence. This notice will occur between 60 days prior to the defendant's release and never later than the day the defendant is actually released.
- The California Victim Compensation Board (CalVCB) can help pay bills and expenses that result from certain violent crimes. Victims of crime who have been injured or threatened with injury may be eligible for help. Please call the CalVCB helpline at 800-777-9229 or e-mail info@victims.ca.gov.
- You may request the detective assigned to your case to file a formal complaint with the District Attorney's Office. Please note that, in the State of California, victims are not responsible for "pressing charges" and the decision to file formal charges will be made by a deputy district attorney.
- At sentencing, the court may order restitution to domestic violence victims for all losses and out-of-pocket expenses. These expenses include loss of earnings, medical expenses and the cost of temporary housing. The court can also order the defendant to reimburse private and public agencies for the cost of providing services to the victim as a result of the abuse.
- Human Options provides emergency shelter and counseling for victims of domestic violence (24-hour hotline is 877-854-3594). Laura's House also provides emergency shelter for victims of domestic violence (24-hour hotline is 866-498-1511). You can also contact the national domestic violence hotline at 800-799-SAFE. The hotline counselor can guide you to the service you need.

Remember

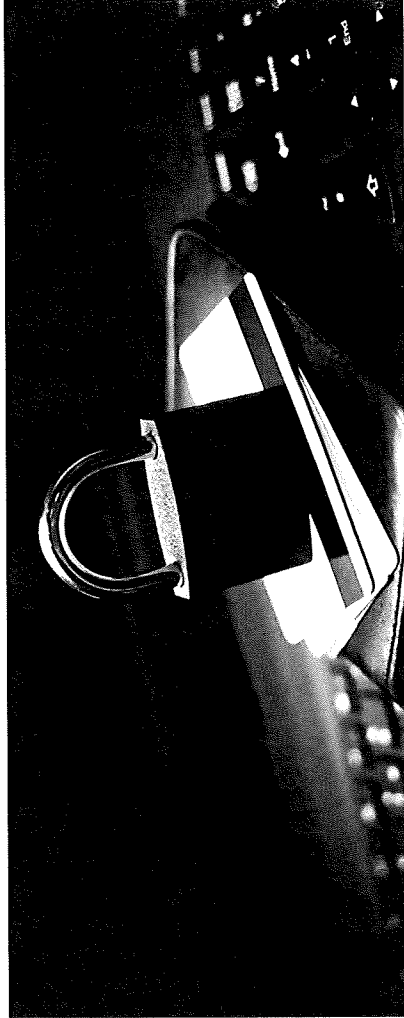
No two relationships are the same and these behaviors occur across what we call the "Relationship Spectrum". If you or someone you know sees the warning signs in their relationship, help is available.

To consult privately and confidentially about any concerns you may have, please call the UCI CARE office at 949-824-7273 to schedule an appointment with an advocate.

Cycle of Abuse



5. **Contact all Creditors**
Contact each creditor by phone or in writing with whom your name has been used fraudulently. Obtain replacement credit cards with new account numbers to replace those accounts that have been fraudulently used. Ask each creditor to process the old account as a "closed account at the consumer's request. A "closed status" is better than processing the card as "lost or stolen," because the latter may be interpreted by the credit reporting companies as your liability. Carefully monitor your mail and credit card statements for evidence of new fraudulent activity and report all such activity immediately to your credit grantor.
6. **Creditor's Requirements to Verify Fraud**
You may be asked by banks and credit grantors to prepare and notarize fraud affidavits. It is usually not necessary, as a written statement and a copy of the police report should be sufficient.
7. **Stolen Checks**
If you have had checks stolen or bank accounts set up fraudulently, report it to the check verification companies. Cancel your checking and/or savings accounts and obtain new account numbers. Give the bank a secret password for your account (not your mother's maiden name).
8. **ATM/Debit/Credit Cards**
If your ATM/Debit/Credit card has been stolen or compromised, obtain a new card, account number, and password or PIN (Personal Identification Number). Do not use your old password. When creating a password or PIN, don't use common numbers, like the last four digits of your social security number or your birth date.
3. **File a Police Report**
California Penal Code § 530.6(a) reads: "A person who has learned or reasonably suspects that his or her personal identifying information has been unlawfully used by another, as described in subdivision (a) of Section 530.5, may initiate a law enforcement investigation by contacting the local law enforcement agency that has jurisdiction over his or her actual residence or place of business."
4. **Create an ID Theft Report and Affidavit**
An Identity Theft Report gives you some important rights that can help you recover from the theft. It also helps you deal with credit reporting companies, debt collectors, and businesses that gave the identity thief credit or opened new accounts in your name. File a complaint with the Federal Trade Commission (FTC) via:
 - 877-IDTHEFT (877-438-4338)
 - www.ftccomplaintassistant.gov
 - Mail: ID Theft Clearinghouse - Federal Trade Commission 600 Pennsylvania Avenue NW Washington DC, 20580



Victims of Identity Theft

The California Penal Code allows a victim of identity theft to file a crime report and initiate an investigation with the law enforcement agency having jurisdiction over the victim's residence. If other crimes occurred in Irvine's jurisdiction an investigator may be assigned the case. If the crime was committed in a different jurisdiction, the matter may be referred to the law enforcement agency with jurisdiction.

If you are a victim of identity theft, you are the only person who can clear your credit report. This booklet provides you with resources you may need, including phone numbers and websites, to help you address identity theft. Use a ledger or a composition notebook to document ALL forms of communication you have with company representatives, creditors, etc. This includes the date and time of phone calls, the names of company representatives with whom you speak, phone numbers, and dates and times you sent or received letters. Once you discover that you are the victim of identity theft, you should take the following immediate steps to prevent further damage:

1. **Place an Initial Fraud Alert**
Call one of the three credit reporting companies and ask for an "initial fraud alert" on your credit report. Once you have the alert on your report, businesses are required to verify your identity before it issues credit. Regardless of the company you decide to contact, they are required to contact the other two

companies about your alert. The alert lasts for 90 days can be renewed for an additional 90 days if necessary. It also allows you to receive one free copy of your credit report from each of the three credit reporting companies. As a follow-up measure, ask each of the credit reporting companies in writing to:

- Provide you with a free copy of your credit report on a monthly basis.
- Remove all inquiries that have been generated because of the fraudulent access.
- Provide you the names and phone numbers of businesses that have opened the fraudulent accounts.
- Notify those businesses that have received your credit report in the past six months.

2. **Review Your Credit Reports**
After receiving copies of your credit reports, review them carefully. If you know which of your accounts have been tampered with, contact the related businesses. Talk to a representative in the fraud department and follow up with them in writing. Any letters you send should be sent by certified mail with a return receipt request. This ensures a record of your communication.

Protective Orders

Victims of crime have the right to obtain a protective order. There are four different types of protective orders that are available to victims of crime and witnesses. Protective orders are given to victims of crime when there is a good cause to have concern for their safety. These orders enable a victim to call police if a defendant, also known as the restrained party, gets within a certain distance, usually 100 yards, or tries to contact him or her by phone, e-mail, or mail either personally or through another person. If a defendant violates a protective order he or she may be charged with an additional crime.

Emergency Protective Order

An Emergency Protective Order (EPO) is made at the scene by the police officer who telephones a judge to get consent to issue the EPO. This applies to potential domestic violence, stalking, child abuse, child abduction, and elder abuse crimes. If there is a child victim, a parent or guardian may seek the order on their behalf. Upon permission from the court, the police officer will prepare a written order and provide the victim and the suspect with a copy. The officer will also file the order with the court. Once the EPO is in place, law enforcement must take all reasonable steps to enforce this order. EPOs only last for seven calendar days. If a criminal case is filed at the end of the five-day period covered by the EPO, a Criminal Protective Order (CPO) can be sought from the judge who arraigns the defendant. If a criminal case has not been filed, papers can be filed with the court to obtain a Civil Protective Order.

Criminal Protective Order

A criminal court has the power to issue a Criminal Protective Order (CPO) to protect victims of crime, witnesses, and their immediate family. The court can make this order to prevent a criminal defendant from contacting or intimidating witnesses and victims of crime through e-mail, telephone calls, or other people. The court may also use this power to modify existing protective orders, such as an EPO, issued by the investigating officer. If the defendant is arrested for and charged with a crime involving domestic violence, a special domestic violence prevention order may be issued instead of a CPO.

Domestic Violence Prevention Order

If a victim of domestic violence needs a protective order because a criminal case has not yet been filed or is not going to be filed, the victim can get a Domestic Violence Prevention Order (DVPO) from the family law court. A DVPO is used to help prevent domestic violence. To get a DVPO, a victim of domestic violence must fill out an application at the family law court. These applications are available in multiple languages. Once the application for a DVPO is filed, it will be reviewed by a judge within one to two days. The DVPO can prohibit abuse, exclude a person from a house or apartment, prevent specific types of behavior, and prohibits the abuser from owning, possessing or purchasing a firearm. Additionally, the order may make an initial decision about child custody and visitation. It is also important to remember that a victim of domestic violence may have a support person attend all family law and criminal proceedings, including the hearings for a DVPO, where the victim will be in close proximity to the alleged abuser.

Civil Protective Orders

A victim may wish to obtain a Civil Protective Order if a criminal case has not yet been filed, will not be filed, or if the defendant failed to appear in court and a warrant was issued for his or her arrest. A Civil Protective Order may be obtained by a victim through civil court (Code of Civil Procedure § 527.6). If a criminal case has been filed and a Civil Protective Order is required, the District Attorney's Office victim services advocate can help the victim fill out the required paperwork for a Civil Protective Order.

Temporary Restraining Orders

Protective orders obtained through civil court have two parts. First, the court issues a Temporary Restraining Order (TRO). This is done without a court appearance by the defendant, also known as the restrained party. After issuing a TRO, the court will set a date for a hearing. At the hearing, both sides can present evidence or information for or against a protective order. If the court grants an order at the hearing, it is called an Order After Hearing (OAH). The OAH is a protective order that lasts for up to three years. Once a protective order is issued, the court clerk will provide the victim, also known as the protected party, with five certified copies of the order. The protected party should keep the copies of these orders for their records.

Firearms Restraining Orders

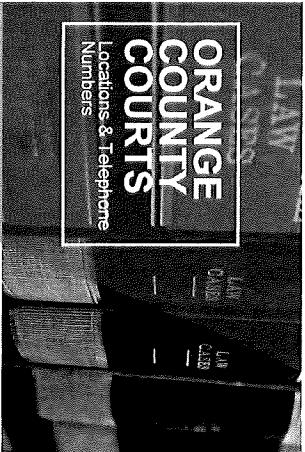
A firearms restraining order is a court order that prohibits someone from having a gun or ammunition. It can order someone to:

- Not have a gun or ammunition;
- Not buy a gun or ammunition; and
- Turn in any guns and ammunition to the police, sell them to or store them with a licensed gun dealer.

You can ask for a firearms restraining order against a close family member if you are afraid they may hurt themselves, or another person, with a gun. If you are in this situation, it is best to ask the police or other law enforcement to ask for the firearms restraining order. The police can seek a Firearms Emergency Protective Order if someone poses an immediate and present danger of causing personal injury to himself/herself, or to another

person. The officer will take the person's firearms and ammunition while giving them a copy of the order. You should only ask for an order yourself if the police (or other law enforcement agency) will not do it and you are very concerned.

You can obtain information on University nondiscrimination orders because of incidents of UCI CARE or OEOD.



CENTRAL JUSTICE CENTER
700 Civic Center Dr. West, Room 292
Santa Ana, CA 92701
Phone: 714-834-4350

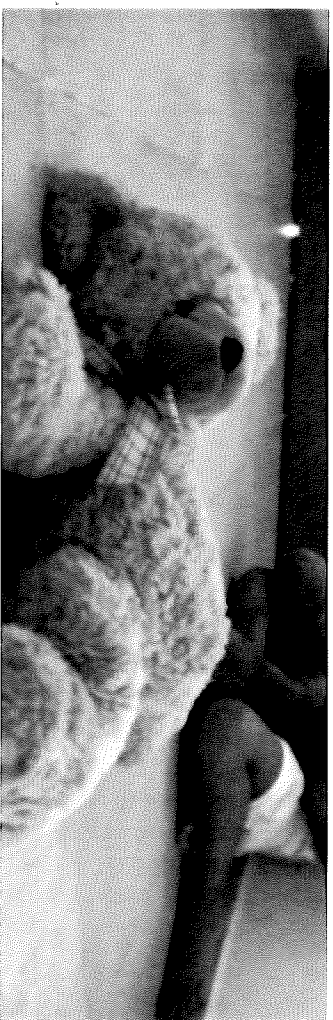
NORTH JUSTICE CENTER
1275 N. Berkeley Ave. 4th Floor, Room 490
Fullerton, CA 92832
Phone: 714-773-4575
Restitution: 714-773-4689

WEST JUSTICE CENTER
8141 13th Street
Westminster, CA 92683
Phone: 714-896-7188
Witness Coordination: 714-934-4634

HARBOR JUSTICE CENTER
4601 Jamboree Rd., Ste. 103
Newport Beach, CA 92660
Phone: 949-746-4855

LAMOREAUX JUSTICE CENTER
341 The City Drive 4th Floor, Room 408
Orange, CA 92868
Phone: 714-935-7074
Children's Chambers: 714-935-789

RESTRAINING ORDERS
www.occounts.org/self-help/restrainingorders



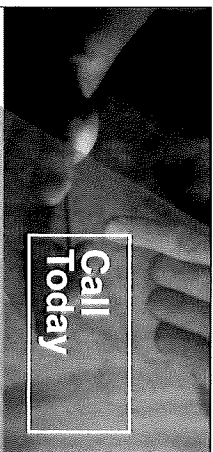
Victims of Child Abuse

Child abuse consists of any act of commission or omission that endangers or impairs a child's physical or emotional health and development. Child abuse includes any damage done to a child which cannot be reasonably explained and which is often represented by injuries appearing to be non-accidental in nature.

Forms of Child Abuse

- **Physical Abuse:** Any non-accidental injury to a child. This includes, but is not limited to, hitting, kicking, slapping, shaking, burning, pinching, hair pulling, biting, choking, throwing, shoving, whipping, and paddling.
- **Sexual Abuse:** Any sexual act between an adult and child. This includes, but is not limited to, fondling, penetration, intercourse, exploitation, pornography, exhibitionism, child prostitution, group sex, oral sex, or forced observation of sexual acts.
- **Neglect:** Failure to provide for a child's physical needs, including, but not limited to, lack of supervision, inappropriate housing or shelter, inadequate food and water, inappropriate clothing for weather, abandonment, denial of medical care and inadequate hygiene.

- **Emotional Abuse:** Any attitude or behavior which interferes with a child's mental health or social development. This includes, but is not limited to, yelling, screaming, name-calling, shaming, negative comparisons to others, telling them they are "bad, no good, worthless" or "a mistake." It also includes the failure to provide the affection and support necessary for the development of a child's emotional, social, physical and intellectual well-being. This includes ignoring, lack of appropriate physical affection (hugs), not saying "I love you," withdrawal of attention, lack of praise and lack of positive reinforcement.



If you suspect abuse, but a child has not disclosed to you, contact the National Child Abuse Hotline at: **800-4-A-CHILD** (800-422-4453) for 24-hour assistance.

If you have experienced childhood sexual abuse and are seeking support now, contact a UCI CARE Advocate at **949-824-7273** or visit care.uci.edu

Victims of Human Trafficking

Human trafficking is a form of modern slavery where people profit from the control and exploitation of others.

Although slavery is commonly thought to be a thing of the past, human trafficking still exists today throughout the United States and globally when traffickers use force, fraud, or coercion to control other people for the purpose of engaging in commercial sex or forcing them to provide labor services against their will. Traffickers use violence, threats, deception, debt bondage, and other manipulative tactics to trap victims in horrific situations every day in America. All trafficking victims share one essential experience – the loss of freedom.

In the United States, sex trafficking commonly occurs in online escort services, residential brothels, brothels disguised as massage businesses or spas, and in street prostitution. Labor trafficking has been found in domestic servitude situations, as well as sales crews, large farms, restaurants, carnivals, and more.

Learn more.

www.ochumantrafficking.com

To report a tip or request services, call 888-373-7888



sexual assault 10-Point Promise

Our Mission

To contribute to and promote a safe and secure community, while respecting the rights and dignity of all persons utilizing facilities and programs of UCI.

Sexual assault is a very serious concern for the UCI community. All UCI police officers are trained in handling incidents of sexual assault and are available to meet with you. If you have been sexually assaulted on campus, you are encouraged to report the assault to the University Police. Our department will promise you the following:

- WE WILL** meet with you privately at a location where you are comfortable when feasible.
- WE WILL** only notify your parents*, spouse, or significant other if you ask us to.
- WE WILL** treat you and your concerns with courtesy, sensitivity, dignity, understanding, and professionalism.
- WE WILL** openly listen with no prejudice and you will not be blamed for what occurred.
- WE WILL** absolutely consider your case regardless of your gender, gender identity, sexual orientation, or the gender or status of the suspect.
- WE WILL** assist you in arranging for any necessary hospital treatment or other medical needs. If needed, we also will assist you with the resources to obtain emergency housing.
- WE WILL** assist you in coordinating advocacy support, privately contacting confidential counseling, and/or other available resources.

- WE WILL** investigate your case, while keeping you regularly updated.
- WE WILL** discuss and explain the criminal justice court process, as well as provide a video explaining all aspects of the investigation. Ultimately, it is your choice to participate in criminal prosecution.

- WE WILL** continue to be available to answer your questions, to explain your options, and to explain your rights.
**if you are a minor aged 17 or younger, your parent may be notified.*

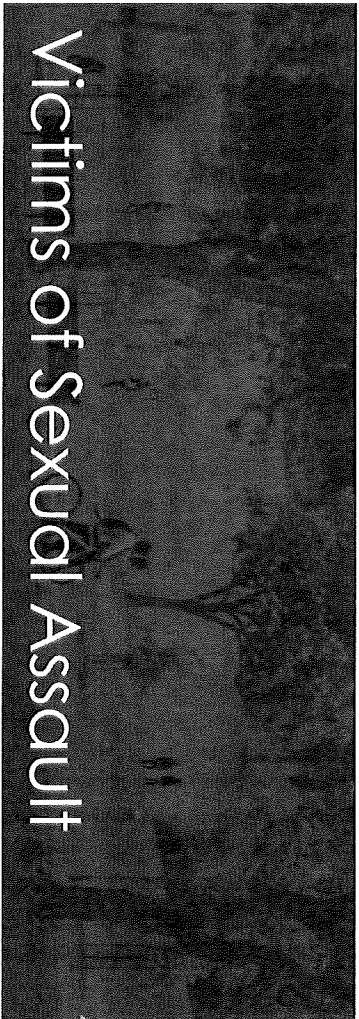
Every step of the process is your choice!

If you believe that you are a survivor of sexual assault, call the UCI Police at 949-824-5223 and inform us that you want to make a sexual assault report. You may call anytime, day or night. We are always available.

If we fail to achieve any part of the above promise, the Chief of Police is available to meet with you personally to address any concerns. To schedule a meeting with the Chief, you may call 949-824-7797.

The UCI Police Department wants to partner with you to make our campus safe for students, faculty, staff, and visitors.

Victims of Sexual Assault



Patrol officers, detectives, and other police personnel are trained to respond to sexual assault crimes. We are prepared to conduct a thorough investigation while respecting the dignity and promoting the safety of those who have been impacted by this traumatic event. You can help by considering the following:

- A sexual assault is any non-consensual sexual act against a person. It may also constitute a sexual assault if the act is committed against a person incapacitated by alcohol or drugs, or a person incapacitated by a disability.
- A sexual assault committed by someone you have an existing or previous dating or marital relationship is a crime.
- In addition to notifying the police, you may also choose to call UCI CARE or Waymakers Sexual Assault Victim Services Orange County's Rape Crisis Center 24-hour hotline at 949-831-9110. If you wish, one of the responding police officers will make the telephone call for you.
- Do not change or wash your clothes, take a shower, bathe, wash your hands, douche, comb your hair, eat, or drink anything. Do not touch, move, destroy, or discard anything where the crime occurred.
- If you can recall any details about your assault, write them down right away. Include details such as time, date, the name of perpetrator, race, age, weight, height, and what the person was wearing.

If a car was involved, write down the make, model, color, and any other information you can remember.

- You have the right to have an advocate and/or support person of your choice accompany you during the interview and medical examination. You can contact an advocate by calling UCI CARE or Waymakers.
- As a victim of sexual assault, you have the following rights:
 - ◇ You are not required to participate in the criminal justice system or undergo a medical evidentiary or physical exam in order to keep your rights.
 - ◇ You should be provided the telephone or internet website contact information for a nearby rape crisis center and sexual assault counselor that is available 24 hours a day. You can request a confidential sexual assault counselor/victim advocate and at least one other person of your choosing present during any exam or investigative interview while sharing your story. You can request to have a person of the same gender or opposite gender present in the room during any interview.
 - ◇ You should be provided information about the types of law enforcement protection available to sexual assault victims, including a temporary protection order and the process to obtain that protection.



Victims of Elder Abuse

Domestic elder abuse generally refers to any of the following types of mistreatment that are committed by someone with whom the elder (age 65 or above) or a dependent, disabled adult (over age 18) has a special relationship (for example, a spouse, sibling, child, friend, or caregiver).

Institutional abuse generally refers to any of the following types of mistreatment occurring in residential facilities (such as a nursing home, assisted living facility, group home, board and care facility, foster home, etc.) and is usually perpetrated by someone with a legal or contractual obligation to provide some element of care or protection.

Elder abuse can affect people of all ethnic backgrounds and social status and can affect both men and women. The following types of abuse are commonly accepted as the major categories of elder mistreatment:

- **Physical Abuse:** Inflicting, or threatening to inflict, physical pain or injury on a vulnerable elder, or depriving them of a basic need.
- **Emotional Abuse:** Inflicting mental pain, anguish, or distress on an elder person through verbal or nonverbal acts.
- **Sexual Abuse:** Non-consensual sexual contact of any kind, or coercing an elder to witness sexual behaviors.

- **Exploitation:** Illegal taking, misuse, or concealment of funds, property, or assets of a vulnerable elder.
- **Neglect:** Refusal or failure by those responsible to provide food, shelter, health care, or protection for a vulnerable elder.
- **Abandonment:** The desertion of a vulnerable elder by anyone who has assumed the responsibility for care or custody of that person.

Although there are distinct types of abuse defined, it is not uncommon for an elder to experience more than one type of mistreatment at the same or different times. For example, a person financially exploiting an elder may also be neglecting to provide appropriate care, food, medication, etc.



For more information and resources regarding elder abuse, please visit the National Center on Elder Abuse website at ncea.acl.gov or call 855-500-3537. You may also visit Waymakers at waymakersoc.org or call 949-250-4058.

Victims of Hate Crimes

Reporting Hate Crimes and Incidents

The UCI Police Department vigorously investigates all forms of hate crimes, including violent acts, vandalism, graffiti, intimidation, criminal threats, and other crimes motivated by a person's gender, nationality, race, ethnicity, religion, sexual orientation, or physical disability.

What can I do?

- Report incidents of suspected hate crimes to the UCI Police Department at 949-824-5223.
- Hate-related crimes and incidents can also be reported to the Orange County Victim Assistance Partnership at 714-480-6570. For more information, visit www.OCHumanRelations.org.
- Victims can also report hate crimes to OEOB for an administrative investigation and/or assistance with obtaining university accommodations including changes to housing, classes, workplace accommodations and no contact orders.



- ◇ You can request the law enforcement officer for a tracking or report number and steps to get follow up information; you have the right to request in writing and receive a free copy of the initial crime report related to your assault.
- ◇ You should know that DNA and other types of evidence can degrade/break down overtime due to exposure to heat, water, and other materials. In general, DNA evidence on the body lasts from 12 hours to 7 days; the evidence to your assault must be kept for 20 years, or for victims under age 18 at the time of the offense, until your 40th birthday.

- ◇ If your assailant is convicted and required to register as a sex offender, you have the right to request their sex offender registry information from the prosecutor.

- ◇ You can request information about the state and federal compensation funds for medical and other costs associated with the sexual assault in addition to information on any municipal, state, or federal right to restitution for sexual assault victims if a criminal trial occurs.

Victims of Burglaries and Other Property Crimes

Although you may not have suffered any physical injury as a result of your experience, we realize that property crime - especially residential burglary - can have a significant emotional impact for some. Please know that our officers can assist you in the aftermath of your victimization. The UCI Police Department is dedicated to assisting in the prevention of all crime in our community. There are many opportunities for you and your family to engage in our collective effort to reduce the likelihood of victimization. Our

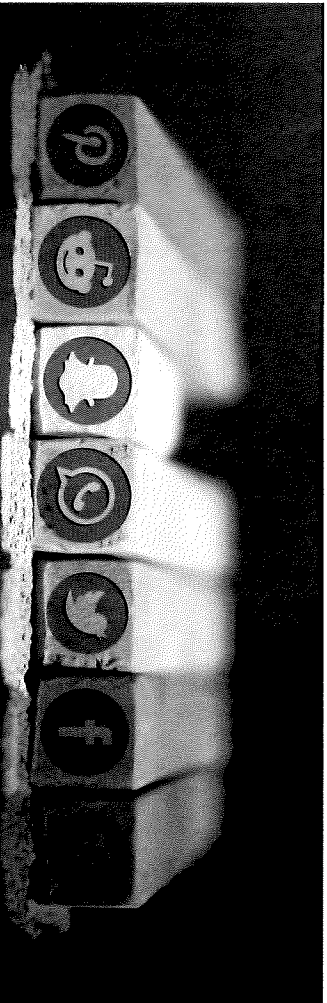
trained staff offers many services to the community, free of charge, including: home security inspections and information concerning personal and child safety. If you are interested in learning more about these programs, please call 949-824-5223.

- ◇ You can request the status and results of the analysis of all evidence related to your assault. You should know that evidence related to your assault will be tested, it should be transported to the lab and analyzed within 18 months. You have the right to be informed of the following:

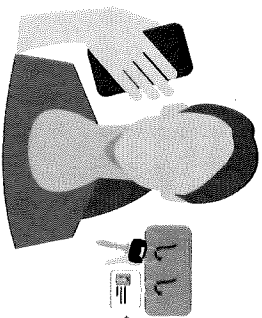
- 1) Whether or not a DNA profile of your assailant was developed from the evidence;
- 2) Whether or not the DNA profile of your assailant was entered into law enforcement databases;
- 3) Whether or not the DNA profile of your assailant matches a DNA profile contained in law enforcement databases.

- As a victim of a sexual assault, your name, address, and other personal identifying information can be kept confidential from the public and offender.
- For additional support and services, please contact the UCI CARE office at 949-824-7273 | www.care.uci.edu
- The Rape, Abuse and Incest National Network (RAINN) Hotline provides free, confidential services to victims of sexual assault. Call 800-656-HOPE or for more information, visit www.rainn.org

Social Media Safety

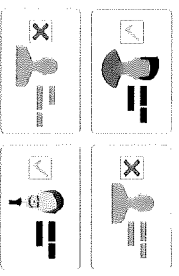


Social media runs a significant portion of people's social lives. We use it to connect with friends, family, co-workers, and announce major events in our lives. With more of our identities taking shape on social media, protecting your personal information on these platforms have become more important than ever.



Look out behind you

Before you post that selfie, check to make sure there's nothing in the area behind you that reveals confidential or sensitive information.



Prune your network
Check your list of connections on a regular basis and flag or block any strangers or anyone that doesn't have a profile or any content of their own.



Treat links sent across social media with the same caution as a spam email message. Always check with the sender first if you're suspicious.

Think before you click

1. PERSONAL INFORMATION

Avoid sharing too much personal information about yourself over social media. Identity thieves and cyberstalkers can gather information from your personal profile.

2. LOCATION SETTINGS

Many platforms ask you to turn on your location setting, but be wise and disable it, particularly when travelling, to safeguard your safety and privacy.

3. STRONG PASSWORDS

Choose strong passwords. Avoid ones that can be derived from your name or date of birth. Also, avoid using a common password for social media accounts and personal bank accounts.

4. POST RESPONSIBLY

Everything you post online presents a picture of who you are and often it can be difficult to remove posts later. Some posts can even effect future relationships and jobs.

Stalking is a crime

Stalking Awareness

Law Defined by California Penal Code

Any person who willfully, maliciously, and repeatedly follows or harasses another person and who makes a credible threat with the intent to place that person in reasonable fear for his or her safety, or the safety of his or her immediate family.

California Penal Code 646.9(a)

WHAT TO DO

- Write down everything that happens. Include dates, locations, times, and any exact words that you can remember.
- Retain voicemails that may include threatening or inappropriate messages.
- Keep letters, notes, other writings, and any objects or gifts sent to you.
- When out of the house, try not to travel alone and stay in public areas.
- Trust your instincts. If you're somewhere that doesn't feel safe, either find ways to make it safer, or leave.
- Contact the CARE office for confidential support or to create a safety plan or stalking log 949-824-7273.

STATISTICS

- ### STALKING ON CAMPUS
- Women are significantly more likely to be stalked by intimate partners.
 - 13% of college women were stalked during one six to nine month period.
 - 80% of campus stalking victims knew their stalkers.
 - 3 in 10 college women reported being injured emotionally or psychologically from being stalked.

Myths & Facts

Myth: You can't be stalked by someone you're dating.

Fact: If your "friend" tracks your every move in a way that causes you fear, that is stalking.

Myth: If you ignore stalking, it will go away.

Fact: Stalkers seldom "just stop". Victims should seek help from law enforcement to stop stalking.

Myth: Stalking is annoying, but not illegal.

Fact: Stalking is a crime in all 50 states, the District of Columbia, and the U.S. territories.

Get Your Stalking Log
care.uci.edu/docs/StalkingLog.pdf

Meet the Counseling Center Staff



Annie Ahn, Ph.D.



Sheva Assar, Psy.D.



Malory Behar, Psy.D.



Melanie Bennett, Psy.D.



Janice Castro, M.A.



Diana Chan, Psy.D.



Yujuan Choy, M.D.



Frances S. Diaz, Psy.D.



Linda Doan, Psy.D.



Milo L. Dodson, Ph.D.



Katy Dorschner, Ph.D.



Jessica Eldridge, Ph.D.



Jonathan R. Fopp, Ph.D.



Malabae Garst, Ph.D.



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Xiao He, M.Ed. CRC



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Jean Jho, Psy.D.



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Rebecca LeCrosic, M.S.



Debbie Liu, Ph.D.



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Kanwarjit Panwa, Ph.D.



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Ilana Rosenberg, LCSW



Jesse Spiegel, Psy.D.



Samir Thano, Ph.D.



Victoria Tobolets, Psy.D.



Jas Tighman, Ph.D.



Rodolfo Victoria, Ph.D.



Vivian A. Yamada, Psy.D.

Ten Reasons to Visit the Counseling Center

1. Stress is getting the best of me, and it's getting harder to focus as I juggle school, work, family and relationships.
2. I can't eat or sleep well anymore, nothing makes me happy and I feel down all the time.
3. I try, but I'm unable to find the love I want.
4. I am standing on the threshold of becoming "all that I can be" and I don't have a clue about how to take the first step.
5. I am having trouble making decisions; family and friends run my life.
6. I don't fit in and don't know how to get past "hello" with new acquaintances.
7. So much has changed, and I no longer know who I am.
8. I worry a lot about my weight; I am preoccupied with food.
9. I am my own worst enemy. I don't treat myself well, and I question whether I should even exist.
10. The "unspeakable" has happened, and I need to get past it.



203 Student Services I 949.824.6457 phone
Irvine, CA 92697 949.824.6586 fax

www.counseling.uci.edu



UCI Counseling Center

203 Student Services I
Irvine, CA 92697

949.824.6457

www.counseling.uci.edu



Counseling Center Introduction

Here at the Counseling Center, we recognize that students face multiple challenges as they balance classes, work and their personal lives. While we know that there are many ways to get support including accessing family, friends and cultural/spiritual practices, the Counseling Center is another way that you can receive assistance.

We are here to provide registered UC Irvine students with a broad range of mental health services. They include time-limited individual, couples, family and group counseling for undergraduate, graduate and professional school students. We also provide urgent care, crisis response, community referrals, consultation and outreach programs for the university community.

At the Counseling Center, we recognize that each person is unique. As such, the issues addressed and the approaches used will be tailored to your individual needs as you work with your therapist. Your therapist will help you clarify your reasons and goals for entering therapy and then provide you with opportunities to learn new skills and coping mechanisms while also gaining self-understanding.

Counseling Center services are free of charge to currently enrolled students who have paid registration fees! All clinical services are confidential.

Make an Appointment

Please call the Counseling Center at 949.824.6457 and ask to make an "initial appointment."

The receptionist will assist you in finding the first available time that fits your schedule.

If your situation is urgent or if you are in crisis you may request to see the on-call therapist immediately.

Clinical Services

Crisis Services

- Urgent Care M-F 8:00 a.m. - 4:30 p.m.
- After Hours Crisis For after hours services, call 949-824-6457 and select opt #2 Services

Psychotherapy

- Short term individual counseling
- Couples & family counseling
- Online mental health self help <https://thepath.TAConnect.org>

Psychiatry

- We offer limited psychiatric services and consultation. Please talk to your therapist about services.

Groups*

- Finding Your Calm (Anxiety & Stress Management)
- Authentic Connections
- Overcoming Social Anxiety
- Graduate Students Therapy Group
- International Coffee Hour
- Estamos Unidos
- LBGTQ Graduate Students Discussion Troup
- What is Love?

**This is only a selection of the groups offered and are subject to change each quarter. Check the website for this quarter's selection. <https://counseling.uci.edu/services/groups>*

Outreach

- Workshops, trainings & presentations
- General outreach & consultation
- Please visit our website to request an outreach service for your organization counseling.uci.edu/outreach/request-services.php

Training

Education is central to the mission of our center. We are proud to offer three different training programs:

Doctoral Psychology Internships: UCI has the longest standing Counseling Center APA accredited internship program in the UC system.



Postdoctoral Fellowships: We offer advanced training and supervision to prepare early career psychologists for licensure in the state of California.

Provider of Continuing Education: As a service to the local mental health community and for our continual professional development, we provide continuing education courses.

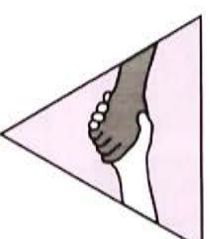
Peer Programs

COACH: The Creating Options And Conquering Hurdles (COACH) program offers life coaching! Our Life Coaches are a group of upper level undergraduate students carefully selected and extensively trained. They have expertise in the area of helping you accomplish your personal goals whether it be by achieving positive self-esteem, better time management, improving



communication skills, enhancing academic achievement or establishing healthy relationships with friends, family or significant others.

LBGTQ Mentor Program: The Lesbian, Gay, Bisexual, Transgender, Queer (LBGTQ) Mentoring Program supports LBGTQ students in their



personal journey toward becoming healthy, self-accepting LBGTQ individuals. Mentors aspire to help LBGTQ students feel comfortable "in their own skins" as LBGTQ people and to make coming out an empowering, positive experience.

Peer Educators: Peer Educators provide outreach



services to various student groups, develop and deliver workshops covering a variety of mental health topics, market the services of the Counseling Center to the campus community, assist professional staff members with programming and assess student need regarding mental health issues.

OUR TOPICS

Alcohol & Other Drugs | Emotional Well-being
Sexual & Relationship Health | Nutrition | Wellness

OUR MISSION:

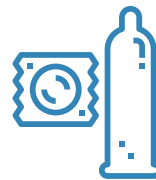
The Center for Student Wellness and Health promotion empowers students to make informed decisions that support their individual health, as well as a healthy campus environment, in order to uphold the academic mission of the University.

FREE PROGRAMS & SERVICES

- Health and Wellness Workshops
- One-on-one confidential consultations with a health educator
- Free Condoms, Dental Dams & Lubricants
- Workshops catered to your group/class
- Wellness Room
- Lactation Room
- Referrals to on/off campus partners

STUDENT OPPORTUNITIES

- Peer Health Education Program
- Approved site for internship Program in Public Health & School of Social Ecology
- Event Volunteering



CONDOM CO-OP

The Center for Student Wellness & Health Promotion offers condoms **FREE** of charge. Students will be allowed to select up to 5 free condom co-op items (male external condoms, dental dams, or female internal condoms) per day.



WELLNESS ROOM

A peaceful space designed to help students relax and be mindful in order to reduce stress. The Wellness Room includes massage chairs, yoga mats & meditation pillows, memory foam bean bags, tea station, self-guided wellness & mindfulness exercises, and other fun activities.