UCI CARE

CHOICES & VOICES

a sexual assault survivors group

Safe and secure environment where students who have had unwanted sexual experiences can support one another.

Topics are based on the needs of the group, but may include:

- discussing the impact of their experiences on academics, friendships, family relationships, and dating
- external pressures to make decisions
- feelings of shame, sadness, anger, helplessness, loss or anxiety
- reaching other support resources and sharing ideas
- sharing daily challenges without judgment
- exploring ways to cope with difficult or confusing feelings and behaviors
- exploring trust and boundaries in new relationships with others

Mondays 3:30pm-5:00pm

For more information email care@uci.edu
or call (949) 824-7273