SUPPORT AFTER-HOURS

The UCI CARE office is located on the 3rd floor of the Student Center and is open 8 AM to 5 PM, Monday-Friday. If you are seeking support after hours, the following resources are available:

UCI Counseling Center - (949)824-6457

- Free/Confidential - licensed counselors available to speak with 24 hours a day (in-person hours: 8 AM-5 PM), call the number above and select option 2

Waymakers - (949)831-9110

- Free/Confidential - 24 hour access via phone to an advocate who can provide emotional support and education on reporting rights and options for sexual assault

Human Options - (877)854-3594, humanoptions.org

- Free/Confidential - 24 hour bilingual line that assists with dating or domestic violence issues or information about shelter and programs

Laura's House - (866)498-1511, laurashouse.org

- Free/Confidential - 24 hour crisis hotline support for dating or domestic violence with services that include resources, referrals and safety planning

National Suicide Prevention Lifeline -(800)273-8255(TALK), suicidepreventionlifeline.org

- Free/Confidential - 24 hour support to anyone experiencing a suicidal crisis or emotional distress

NAMI WarmLine - (877)910-9276

- Free/Confidential - phone-based non-crisis support for anyone struggling with mental health or substance abuse issues

Live Health Online - livehealthonline.com

- Both an app & website - receive quality urgent care for medical or mental health concerns 24/7. Free to sign up and $49 or less/visit with no monthly fees

care.uci.edu

- The UCI CARE website offers educational videos and provides information on campus and community resources, as well as information about reporting rights and options

Police Department - Call 911, (949)824-5222

- In case of emergency or immediate danger, call 911. For non-emergencies on campus, contact UCIPD: (949)824-5222

UCI CARE

Student Center, G320
www.care.uci.edu
(949)824-7273