CONFIDENTIALITY

All CARE services are free of charge and confidential.

WHEN SHOULD I CONTACT CARE?

- I may have been sexually assaulted.
- I want to identify ways to support a friend who has experienced relationship abuse or sexual violence.
- I'm not sure if my relationship is healthy.
- Someone is making me feel uncomfortable and won't leave me alone.
- I have experienced childhood sexual abuse or witnessed family violence.
- I want to get involved in efforts to prevent sexual violence.
- I would like to request a workshop or a training.
- I want to become a leader and support others.
- I want to learn how to intervene as an active bystander.
- I am interested in different options for healing or gaining additional coping strategies.

UCI CARE www.care.uci.edu
care@uci.edu

G320 Student Center
Ph: 949-824-7273 M-F, 8 a.m.-5 p.m.

24-HOUR SUPPORT

Waymakers	949-831-9110
Counseling Center	949-824-6457 *(select option 2)*
CSO Safety Escort Program	949-824-7233

MORE RESOURCES

All phone numbers area code 949.
All resources in pink are confidential.

Health and Wellness:

Counseling Center counseling.uci.edu	824-6457
Disability Services Center disability.uci.edu	824-7494
Student Health Center shc.uci.edu	824-5301
Center for Student Wellness and Health Promotion studentwellness.uci.edu	824-9355

Reporting:

Office of Equal Opportunity & Diversity (OEOD) oeod.uci.edu	824-5594
Office of the Ombudsman ombuds.uci.edu	824-5011
UCI Police Department police.uci.edu	824-5223

In an emergency, call 911.

Other campus resources:

Cross-Cultural Center ccc.uci.edu	824-7215
DREAMers dreamers.uci.edu	824-6390
International Center ic.uci.edu	824-7245
LGBT Resource Center lgbtrc.uci.edu	824-3277
Student Success Initiatives sss.uci.edu	824-6234

Student Affairs

UCI CARE

Campus Assault Resources & Education

- Advocacy
- Education
- Consultation
- Support
- Referrals
- Training

@UCICARE

www.care.uci.edu

SUPPORT SERVICES

ADVOCACY

CARE advocacy services include emotional support, information about rights and options, support with academic and housing accommodations, financial resources, referrals, safety planning and accompaniment to interviews, forensic exams and campus hearings.

COUNSELING

A licensed counselor is available to students who are experiencing difficulties as a direct or indirect result of sexual assault, relationship abuse and/or stalking.

HEALING PROGRAMS

UCI CARE values all forms of healing. The mission of CARE's Holistic Healing program is to create transformative spaces and restorative experiences for members of the UCI community.

- **re:Connect** – Yoga as Healing
- **re:Create** – Art as Healing
- **re:Group** – Group Counseling & Support
- **re:Mix** – Music as Healing
- **re:Engage** – Animals as Healing
- **re:Cultivate** – Horticulture as Healing
- **re:Assert** – Personal Safety/Self Defense
- **re:View** – Lending Library
- **re:Source** – Downloadable Support

ONLINE SUPPORT

Information about programs, resources, options and more are available 24/7 at **www.care.uci.edu**

STAFF & FACULTY SUPPORT

Staff and faculty impacted by sexual assault, relationship abuse, family violence and/or stalking may receive free and confidential support at CARE. Advocacy services may include answering questions, providing information about rights and options, medical and Title IX accompaniments and safety planning.

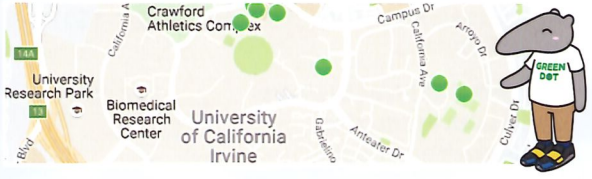
CAMPUSWIDE EDUCATION

GREEN DOT BYSTANDER INTERVENTION

Power-based personal violence (sexual assault, relationship violence and stalking) will end when enough people take singular actions to help end it. Change happens as people become able to identify risky situations and take actions to confront, interrupt or prevent acts of power-based personal violence.

A Green Dot is any choice, behavior or action that promotes safety for everyone and communicates intolerance for power-based personal violence in our UC Irvine community.

A Green Dot is anything you can do to make UCI safer.



To learn more or share your story of successful bystander intervention, visit: ***care.uci.edu/greendot***

WORKSHOPS

Workshops can be requested by UCI student groups, faculty and staff, as well as the outside community, and can be designed for the specific group's needs.

TRAININGS

Focused on responding to and preventing power-based personal violence, trainings are available to all students, staff and faculty.

care.uci.edu/education/workshops

EDUCATIONAL PROGRAMS

Campus-wide events such as **Take Back the Night**, the **Clothesline Project**, **Stalking Awareness Month**, **Dating and Domestic Violence Awareness Month**, **Sexual Assault Awareness Month**, **Denim Day**.

GET INVOLVED

PEER EDUCATION PROGRAMS

CARE Peer Educators are students dedicated to supporting the mission of the CARE Office.

Students develop leadership and communication skills, while empowering the community by providing information about violence prevention and bystander intervention.

- **Challenging All Men to Prevent Sexism (CHAMPS)**
- **International Dots**
- **Right to Know**
- **Violence Intervention & Prevention (VIP)**

For more information about peer education programs visit **care.uci.edu**

VOLUNTEER OPPORTUNITIES

Contact UCI CARE for information on volunteer opportunities, internships and peer programs.

INTERNSHIPS

Quarterly internship opportunities through the UCI Field Study program and year-long opportunities through the Administrative Internship program.

THE CARE MISSION

UCI CARE provides **free** and **confidential** support services to members of the UCI community impacted by sexual assault, relationship abuse, family violence and/or stalking.

UCI CARE seeks to end these forms of power-based personal violence by engaging the campus community in education, programming, and transformative action.